

GRAPEVINE PARKS & RECREATION



COLEMAN CROSS TRAINING
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SUMMER CAMPS
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AQUATICS
(pages 30-36)

Playbook Activities Guide Spring/Summer 2012

In efforts to conserve paper, cost, and our environment, this Playbook publication will no longer be printed but will be available online at playgrapevine.com, beginning with our Fall/Winter 2012-2013 publication. This Playbook Activities Guide will be our final printed publication. Look for us at playgrapevine.com.



playgrapevine.com



Parks & Recreation Phone Numbers

P.O. Box 95104 Grapevine, Texas 76099

playgrapevine.com

City Council

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Mayor Pro Tem C. Shane Wilbanks
Sharron Spencer
Darlene Freed
Roy Stewart
Mike Lease
Chris Coy

City Staff

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Jennifer Hibbs – Assistant City Manager

Parks & Recreation Advisory Board

John Dalri, Chair
Roy Robertson
Larry Francis
Ray Harris
Lawrence Baker
David Buhr
Debra Tridico
Elizabeth Kaufman
Benjamin Dyer
C. Shane Wilbanks, Mayor Pro Tem
Becky St. John, GCISD
Seth Gillitzer, Student Liaison

Community Activities Center (CAC)

1175 Municipal Way
Trent Kelley, CAC/SAC Supervisor
Cameron Powell, Recreation Coordinator
David Mote, Recreation Coordinator
Jeff Smith, Fitness Coordinator
Michelle Caro, Event Coordinator
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Tony Steele, Parks Manager
Rusty Walker, Athletics-Foreman
Timothy Hamilton, Contract-Foreman
Lisa Adams-Grove-Horticulturist
Mike Hooker, Lake Parks-Foreman
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Randy Sell, Recreation/Aquatics Supervisor
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Jaycob Kirkpatrick, Athletics Coordinator
Geri Foster, Secretary
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Senior Activities Center (SAC)

421 Church St.
Trent Kelley, CAC/SAC Supervisor
Eileen Hinson, Assistant Supervisor
David Stuckey, Lead Recreation Specialist
Phone.....817.410.8130
Fax.....817.410.8147

Lake Parks

The Vineyards Campground & Cabins
on Lake Grapevine
Phone817.329.8993
vineyardscampground.com

Meadowmere Park

Phone817.488.5272

Rockledge Park

Phone817.454.1058

CAC Holiday Hours

Easter Sunday, Apr. 8.....Closed
Memorial Day, Mon., May 28....9 AM-7 PM
Independence Day, Wed., Jul. 4.....Closed

Helpful Numbers

Chamber of Commerce.....817.481.1522
Convention Center.....817.410.3459
Convention &
Visitors Bureau.....817.410.3185
GCISD Administration.....817.488.9588
GCISD Swim Center.....817.251.5353
Grapevine Vintage Railroad..817.625.7245
Household Hazardous Waste..817.410.3363
Keep Grapevine Beautiful....817.410.3490
Library.....817.410.3400
Municipal Golf Course.....817.410.3377
Senior Activities Center.....817.410.8130
Utilities.....817.410.3172
U.S. Army Corps of Engineers..817.865.2600
Visitor Information Center....817.410.8136
Water/Sewer (after 5 PM)....817.410.8127

Equal Opportunity & Access

The Parks & Recreation Department welcomes the community to participate in and enjoy programs and facilities regardless of race, color, religion, sex, national origin or disability.

On the Cover:
Group Fitness Training at
the Community Activities Center.

Grapevine Parks & Recreation

2012 Membership Appreciation Day!

Walk the red carpet on Monday, April 23, at the Community Activities Center from 6 AM-7 PM, for a Star Studded event as we celebrate our members.

COME CELEBRATE WITH US!

Allow the CAC to host your child's next birthday party! Parties include cake, beverages, party hosts, party room for one (1) hour and one (1) hour gym use, decorations and party favors. **Party cancellations must be made 14 days in advance.** All other food items must be provided by parents and approved by the assigned party coordinator.

Room Rental (\$50)

One (1) hour room rental

Set-up/take down

Gym Rental (\$100)

One (1) hour gym rental

Non-Themed Package (\$200)

One (1) hour room rental

One (1) hour gym rental

Set-up/Take down

Cake/Punch

Decorations/Party favors

Activities run by party hosts

10 participants max/\$5 each additional child

Themed Package (\$250)

One (1) hour room rental

One (1) hour gym rental

Set-up/Take down

Cake/Punch

Themed Decorations/Party favors

Activities run by party hosts

10 participants max/\$5 each additional child

Add a
Bounce-House
for \$50

Party days: Fri., Sat., and Sun. **Ask about our after operating hours facility rental.**

Party themes: Sports, Luau, Super Heroes, Safari, Mardi Gras, Princess, Karaoke, Sweet 16 and more.

For additional information, please contact Michelle Caro at mcaro@grapevinetexas.gov or at 817.410.3455.

Mission Statement

To enhance the quality of life of the citizens of Grapevine, through the stewardship of our natural resources and the responsive provision of quality leisure opportunities.

Play Often **Play**
Grapevine

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PRE-SCHOOL

Pre-School Wonders of Science Summer Camp I

This hands-on camp encourages children to learn about science through exploration, discovery, experimentation and creativity. This camp builds upon a child's natural curiosity while combining art, music and the fascination of science.

Ages/Days: 3-5 yrs., Mon.-Fri.

Date/Time/Code:

Jun. 11-15, 9-11 AM, 703919-05

Fee: \$90

Instructors: Janet Seibert and Donna Oas

Pre-School Wonders of Science "All About Mammals"

Summer Camp II

What do cats, elephants and dolphins have in common? They are all mammals. Mammals live on land, at sea, in the air and under the ground. We will explore all kinds of mammals in this camp and share many important traits that make them different from each other.

Ages/Days: 3-5 yrs., Mon.-Fri.

Dates/Time/Code:

Jun. 18-22, 9 AM-11 AM, 703928-05

Fee: \$90

Instructor: Janet Seibert and Donna Oas

Pre-K Summer Camp

This camp is designed to teach pre math and pre reading skills through art and movement. This camp is a great review for children entering kindergarten this fall. Join us for an exciting week!

Ages: 4-6 yrs.

Date/Days: Aug. 6-10, Mon.-Fri.

Time/Code: 9-11 AM, 703938-06

Fee: \$90

Instructors: Janet Seibert and Donna Oas

Great Big Messy Art Camp-NEW

Oh, go ahead and make a mess! That's what this camp is all about-messy art and creative imagination! Everything we do involves messy-sticky spaghetti designs, paint that fizzes and POPS, squeeze art and African mud painting.

Ages: 3-6 yrs.

Days/Date/Time: Mon-Fri, Jun. 4-8, 9 AM-12 PM

Fee: \$100 + \$50 supply fee*

*Supply fee should be paid the first day of class to the instructors. Please make checks payable to Abakadoodle.

Code: 709732-05

Instructor: Abakadoodle

Creepy Crawler's Art Camp-NEW

We'll create bug habitats, design mazes and participate in creepy crawler races while learning about bug and reptile characteristics.

Ages: 3-6 yrs.

Days/Dates/Time:

Mon-Fri, June 25-29, 9 AM-12 PM

Code/Session: 709733-05

Fee: \$100 + \$50 supply fee*

*Supply fee should be paid the first day of class to the instructors. Please make checks payable to Abakadoodle.

Instructor: Abakadoodle

Really Big, Gigantic & Teeny, Tiny Art!-NEW

It's all about scale in this creative camp that will delight kids as they create art that challenges dimensions-from enormous to miniature. Our creative ideas flow as we create cool globes and learn about saving our planet. Also we'll learn about glass sculptures and sculptures made out of recycled products. We're not teeny-tiny shy about saying that this camp promises big, gigantic fun!

Ages: 3-6 yrs.

Days/Dates/Time:

Mon.-Fri., Aug 13-17, 9AM-12 PM

Code/Session: 709734-06

Fee: \$100 + \$50 supply fee*

*Supply fee should be paid the first day of class to the instructors, checks should be made payable to Abakadoodle.

Instructor: Abakadoodle

"Once Upon a Dance" Camp

Classic stories told through dance, art and theater. Children will explore a new story every day. We will learn about The Nutcracker, Swan Lake, Coppelia, and a western story called "Rodeo." Your child will use their imagination and have a creative and fun adventure in this camp. A craft will be made after each story.

Ages/Time/Code: 4-8 yrs., 9-11 AM, 703930-06

Days/Date: Mon.-Fri., Aug. 13-17

Fee: \$90

Instructor: Janet Seibert and Donna Oas

"Once Upon a Musical" Camp

Continuing classic stories told through dance, art and theater. Children will explore a new musical every day. We will learn about: *The Lion King*, *Peter Pan* and *Mary Poppins*. Through our imagination and creativity, the children will have an adventure in the class. We even teach the children a mock audition. Come and join this exciting camp.

Days/Dates: Mon.-Fri., Aug. 13-17

Ages/Time/Code: 4-8 yrs., 12-2 PM, 703948-06

Fee: \$90

Instructor: Janet Seibert and Donna Oas

Abakadoodle

Twoosy Doodlers-NEW

Join your child in experiencing art together! Children, along with their parent, will be exposed to many different mediums, art styles and fun, as they dive into the world of art together.

Ages: 20-36 months

Days/Time: Wed., 9-10 AM

Sessions/Fee: 03, 04 (6 wks), \$42 + \$18 supply fee*

*Supply fee should be paid the first day of class to the instructors. Please make checks payable to Abakadoodle.

Code: 708591

Instructor: Abakadoodle

Abakadoodle Mini Doodlers

Children will have loads of fun while learning about master and contemporary artists, along with various art mediums and techniques. Children will complete a new project each class. Parents are invited to attend the gallery showing during the last 10 minutes of each class.

Ages: 3-6 yrs.

Days/Time: Wed., 10:30-11:30 AM.

Sessions/Fee: 03, 04 (6 wks), \$42 + \$18 supply fee*

*Supply fee should be paid the first day of class to the instructors. Please make checks payable to Abakadoodle.

Code: 708592

Instructor: Abakadoodle

RARE Learning Inc. Early Learner's Day Out Academic Pre-School Program

RARE Learning offers an academic Pre-K program for 3-5 year olds that utilizes an innovative curriculum in reading, math and science to engage and enrich young minds and get them well-prepared for kindergarten. The classes combine one-on-one instruction individualized math and language curriculum worksheets, computers and educational games to help young children build a foundation that will last throughout their academic career.

Classes will cover phonics, reading, spelling, writing, counting, early arithmetic, basic science concepts, and monthly themed group activities, as well as craft oriented activities to work on their fine and gross motor skills. By maintaining a favorable instructor to child ratio of 1:6, this program ensures nurturing of a child's academic confidence at an early age. A \$5 supply fee per month payable to the instructor is due first day of each session. Please bring a snack. For more information or to inquire about our sibling and referral discounts, please call 972.567.1771 or email info@rarelearning.com.

Class - Tue./Thur. Preschool

Tue./Thur.	9 AM-12 PM	\$185 per month, 708316
Tue./Thur.	9-11 AM or 10 AM-12 PM	\$139 per month, 708311
Fri.	9 AM-12 PM (3 hrs./2 hrs.)	\$92/\$69 per month, 708211

Session: Tue./Thur.

Mar. (03)	Feb. 28-Mar. 29 (Mar. 13 & 15 Spring Break)
Apr. (04)	Apr. 3-26
May (05)	May 1-24
Jun. (06)	Jun. 5-28
Jul. (07)	Jul. 3-26
Aug. (08)	Jul. 31-Aug. 16 (3 week session \$139/3 hr. class or \$104/2 hr. class)
Aug. (08)	Jul. 31-Aug. 23 (4 week session \$185/3 hr. class or \$139/2 hr. class)

Class - Fri. Preschool

Session: Friday

Mar. (03)	Mar. 2-Mar. 30 (March 16 Spring Break)
Apr. (04)	Apr. 6-27
May (05)	May 4-25
Jun. (06)	Jun. 8-29
Jul. (07)	Jul. 6-27
Aug. (08)	Aug. 3-17 (3 week session \$69/3 hr. class or \$52/2 hr. class)
Aug. (08)	Aug. 3-24 (4 week session \$92/3 hr. class or \$69/2 hr. class)

Lil' Chefs

The "little Chef" in your family will get snacks and holiday treats. Your child will mix, whip, measure, learn table manners and taste their yummy creations! We will whip together mud pies, dad's delights cookies, crazy cake pop, silly snake bread and much more!

Ages: 3-8 yrs.

Day/Time: Wed., 1-2 PM

Session/Fee: 05 (6 wks.), \$75

Code: 708406

Instructor: Ms. DeLaine

Community Activities Center's Preschool Play Time!

Looking for a place for your next playdate? Every Thursday morning the Community Activities Center gym will be opened for kids and their parents to play. The gym will be filled with all kinds of things to keep kids busy while having fun: bounce house, parachute, balls, toys, bikes, mats and more! The perfect spot for the next rainy day or your next playgroup!

Days/Time: Thur., 9:30 AM -12 PM

Fee: \$1/child (parents are free)

Lil' Sluggers

Lil' Sluggers is a child development program created to introduce children to the game of baseball through fun, exciting games in a positive environment. Participants will develop important skills such as throwing, catching, hitting and base running. For more information, visit lilsluggersdallas.com.

Ages/Time/Code:

2-3 yrs., 10 AM, 708224

4-5 yrs. 11 AM, 708225

Day: Mon.

Session/Fee: 03, 04, \$96

Instructor: Lil' Slugger's Coaches

Location: 1175 Municipal Way
(Fields behind the CAC)

Pee-Wee Basketball

A fun, introductory program into the wonderful sport of basketball for ages 4-6. Participants will learn fundamental basketball skills such as shooting, passing and dribbling, and teamwork. Classes will lead up to an awards ceremony on the last day.

Ages: 4-6 yrs.

Day/Time: Mon., 4:30-5:15 PM

Session/Fee: 03, \$40

Code: 708218

Instructor: Hunter Hardeman

Soccer Skills Academy

Players will have fun while being introduced to the exciting sport of soccer. Through constant training with the soccer ball, young players will sharpen their skill level. Players will learn to use proper dribbling, passing and shooting techniques.

Day/Ages/Time/Code:

Thur. 3-4 yrs. 4-4:45 PM, 708400

5-7 yrs. 5-5:50 PM, 708418

Location: 1175 Municipal Way
(Fields behind the CAC)

Sessions/Fee: 03, 04, \$60

Instructor: Soccer Sparks Academy

Kreative Kids

Imagine the fun your artist will have creating Father's day gifts, garden flower pots, decorating beach towels, picture perfect frames, bubble bath soap, bird feeders and much more!

Ages: 3-8 yrs.

Day/Time/Code: Wed., 2:15-3:15 PM, 708409

Session/Fee: 05 (6 wks.) \$75

Instructor: Ms. DeLaine

DANCE

TITLE	AGE	DAYS/TIMES	INSTRUCTOR	FEE 03, 05 (6 wks.)	FEE 04, 06 (4 wks.)	CODE
Ballet/Tap for Pre-School	3-5 yrs.	Mon., 10-10:40 AM	Jo-Ann Ingram	\$57	\$38	708201
Ballet/Tap for Pre-School	3-5 yrs.	Mon., 10:45-11:25 AM	Jo-Ann Ingram	\$57	\$38	708202
Ballet/Tap for Pre-School	3-5 yrs.	<u>Tue., 10-10:40 AM</u>	Jo-Ann Ingram	\$57	\$38	708301
Ballet/Tap for Pre-School	3-5 yrs.	Tue., 5:30-6:10 PM	Chelsea Turri	\$57	\$38	708300
Ballet/Tap	6-12 yrs.	Tue., 6:15-6:55 PM	Chelsea Turri	\$57	\$38	708304
*Jazz/Hip Hop	13-17 yrs.	Tue., 7-7:50 PM	Chelsea Turri	\$57	\$38	708314
Ballet/Tap for Pre-School	3-5 yrs.	<u>Wed., 10-10:40 AM</u>	Cat Makin	\$57	\$38	708402
Ballet/Tap for Pre-School	3-5 yrs.	Wed., 11:35 AM-12:15 PM	Cat Makin	\$57	\$38	708410
Ballet/Tap	5-7 yrs.	Thur., 4-4:40 PM	Jo-Ann Ingram	\$57	\$38	708510
Ballet/Tap	6-12 yrs.	Thur., 4:45 PM-5:25 PM	Jo-Ann Ingram	\$57	\$38	708511
Ballet/Tap for Pre-School	3-5 yrs.	Thur., 5:30-6:10 PM	Jo-Ann Ingram	\$57	\$38	708503
Ballet/Tap for Pre-School	3-5 yrs.	Thur., 6:15-6:55 PM	Jo-Ann Ingram	\$57	\$38	708504
Ballet/Tap	6-12 yrs.	Thur., 7-7:40 PM	Jo-Ann Ingram	\$57	\$38	705500
Ballet/Tap for Pre-School	3-5 yrs.	<u>Sat., 10-10:40 AM</u>	Tatyana Peffers	\$57	\$38	708701
Ballet/Tap	6-12 yrs.	<u>Sat., 10:45-11:25 AM</u>	Tatyana Peffers	\$57	\$38	705700
*Jazz/Hip Hop	6-12 yrs.	<u>Sat., 11:30-12:15 AM</u>	Tatyana Peffers	\$57	\$38	708700

Ms. Jo-Ann's classes are progressive, with a formal spring recital at the conclusion of Session 04. Additional fees for costumes may apply. Of the above classes, any underlined class is offered in sessions 03-06 and all non-underlined classes are only offered in sessions 03 and 04.

Ballet shoes, leotards and tights required for all dance classes. Tap shoes required for tap classes.
Additional information: Siblings receive a \$5 discount.

Pre-School Gymnastics

This class is designed to promote physical activity and motor skill development. Basic gymnastics skills such as rolls, bridges, handstands and cartwheels will be introduced. Students will also be exposed to other gymnastic equipment such as the balance beam and rings.

Ages: 3-5 yrs.

Day/Time: Tue., 4:30-5:10 PM

Session/Fee: 03, 04, 05, 06 (\$45) 6 wks.

Code: 708205

Instructor: Gypsy Mishoe

Sporties for Shorties

This class is designed for children to develop the basic motor skills needed for youth sports programs. The skills learned are throwing, catching, kicking and batting. It is a positive learning environment where children actively participate with much success. The equipment used are soft, colorful, and age appropriate "Koosh" products. Your children will love learning in this class.

Ages: 3-5 yrs.

Day/Time: Wed., 10:45 AM-11:30 AM

Session/Fee: 05 (6 wks.), \$57
06 (4 wks.), \$38

Code: 708401

Instructor: JoAnn Ingram

Tumbling for Tots

This class will teach the fundamentals of gymnastics on a floor mat while developing flexibility and strength. Children will also learn coordination skills on a balance beam and parachute exercises. Classes will build self-confidence, create group interaction skills, while supporting your child's self-esteem and positive image.

Ages: 3-6 yrs.

Day/Time: Tue., 10:45-11:30 AM, 708403
Wed., 10:45-11:30 AM, 708414

Session/Fee: Tue. 03, 05 (6 wks.) \$57;
04, 06 (4 wks.) \$38,
Wed., 03 (6 wks.) \$57, 04 (4 wks.) \$38

Additional Info: Wear comfortable play clothes; girls may wear dance attire.

Instructor: Cat Makin

Off The Couch

Adventures for Older Kids

Beginning Gymnastics 1

This class is designed as an introduction to gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam, rings and vault.

Ages: Kindergarten-7 yrs.

Day/Time: Tue., 5:15-5:55 PM

Code/Fee: 709327, \$48 (6 wks.)

Session: 03, 04, 05, 06

Instructor: Gypsy Mishoe

Beginning Gymnastics 2

This class is designed for older children who have little experience with gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam, rings and vault.

Ages: 8-12 yrs.

Day/Time: Tue., 6-6:45 PM

Code/Fee: 709202, \$48 (6 wks.)

Session: 03, 04, 05, 06

Instructor: Gypsy Mishoe

Advanced Intermediate Gymnastics

This class is designed for the young gymnast who has already mastered the basic skills of the sport. Students entering this class should be able to do a cartwheel, a handstand, and a backbend with little or no assistance. We will be working on more advanced skills such as front and back walk-overs and handsprings. Students will spend a portion of each class developing flexibility and strength.

Ages: 7-14 yrs.

Day/Time: Tue., 6-6:45 PM

Code/Fee: 709328, \$48 (6wks.)

Session: 03, 04, 05, 06

Instructor: Gypsy Mishoe

Baton Twirling-NEW

This fun and energetic 45-minute class will teach students the basics of baton twirling. Students will learn basic fundamentals, marching techniques and simple dance moves. In this introductory class, students will learn short routines that include gymnastics, dance and twirling skills to fun music. These twirling skills will develop hand-eye coordination.

Ages: 4-9 yrs.

Day/Time: Sat., 10:45-11:30 AM

Code/Fee: 709771, \$50

Session: 03, 04, 05, 06

Instructor: Susan Hanold

Additional Info: Taught by former Texas Tech University Twirler and 1994 ATF Miss America of Baton. Dress in comfortable clothes and flat shoes or sneakers. Bring a baton if you have one. If not, where to purchase batons will be provided during the first class and how to select the right size.

Mom-N-Me Tea

Manicures, Pedicures and makeup too; for Mother's Day, we want to pamper you. Forget your stresses while indulging in a fun day of pampering and relaxation with your daughter(s). Our annual Mother's Day tea will be a special time for you and your daughter. Nibble on finger sandwiches and pastries or spend quality time together creating crafts and being "girly". A great way to celebrate Mother's Day! Pictures will be available for a small fee.

Day/Date: Sat., May 12

Sessions: 9:30-11 AM (10)

1-2:30 PM (11)

3:30-5 PM (12)

Fee: \$10 per person

Site: Bessie Mitchell House, 411 Ball St.

Code: 709754

Registration Deadline: May 7

Special Needs Gymnastics Sports Class-NEW

This is a sports class that will introduce soccer, basketball, baseball (t-ball) and football to the participants. This class is for individuals that have special needs.

Ages: 7 yrs. & older

Day/Time: Sun., 4-5 PM

Session: 03, 04, 05, 06

Code/Fee: 706240, \$40

Instructor: Denise Anderson

HEALTH FITNESS

Personal Training

Experience a new exercise program that will take your fitness to the next level! Contact the Grapevine Community Activities Center staff of certified professional personal trainers! Select a personal training package and save!

1/2 Hour Sessions \$35

1/2 Hour Semi-Private Sessions \$50 (price based on two people)

Personal Training Packages

Five, 30-minute sessions for \$170 (save \$5)

Ten, 30-minute sessions for \$330 (save \$20)

Fifteen, 30-minute sessions for \$465 (save \$60)

Twenty, 30-minute sessions for \$600 (save \$100)

Five semi-private sessions for \$245 (save \$5)

Ten semi-private sessions for \$480 (save \$20)

Fifteen semi-private sessions for \$675 (save \$75)

Twenty semi-private sessions for \$860 (save \$140)

To schedule your appointment with a personal trainer, please contact Fitness Coordinator, Jeff Smith at jdsmith@grapevinetexas.gov or at 817.410.3456



Larry Coleman, Ci-MFS



Melissa Smith, BS, ACE



Carlyle Bourland
Master Fitness Trainer

WORKOUT — WITH — WENDY

~ FLOOR, CORE & MORE ~

Intro to Pilates

Anyone can do Pilates and achieve amazing results. There is no bouncing, jarring or stress to your body. Pilates Intro, a 30-minute mat class, is a great way to start getting in shape, with gentle moves that will help strengthen and tone your body, flatten your abs and improve your flexibility and balance. If you are seeking a beginner exercise class that will transform the way your body looks, feels and performs, this class is for you!

Ages: 13 yrs. & up

Days/Time: Mon., and/or Thur., 5:10-5:40 PM

Session/Fee: \$40/month for 2 classes/week

\$20/month for 1 class/week

Drop in fee: \$7/class

Code: 706204

Instructor: Wendy Dolan

Pilates II - Rev Up

Take the next step: Pilates Rev Up picks up the pace. Utilizing weights and other equipment, this energizing, 30-minute class incorporates intermediate Pilates exercises with upper body strength training. What sets Pilates apart from other workouts is that it remains one of the most effective ways to flatten your stomach and abdominals and develop strength and fitness at all levels, without stress or strain.

Ages: 16 yrs. & up

Day/Time: Wed., 5:10-5:40 PM

Session/Fee: \$20/month

Drop in fee: \$7/class

Code: 706403

Instructor: Wendy Dolan

Pilates III - Sculpt

Transform your body! Pilates Sculpt is a spirited, challenging class, which combines the benefits of Pilates (strengthening of the core muscles, abs, hips, glutes and back) with strength training. Through a unique series of fluid movements, exercises are designed to work the deepest layer of your abdominal muscles, increase muscular endurance, condition your entire body and boost flexibility, while protecting your joints. Maximize your time and effort with this specialized workout to get the body you're after!

Ages: 16 yrs. & up

Days/Time: Mon., and/or Thur., 5:45-6:35 PM

Fees:

\$55/month for 2 classes/week

\$30/month for 1 class/week

Drop in fee: \$10/class

Codes: Mon., 706214

Thur., 706602

Unlimited, 706604, 2 classes/week

Instructor: Wendy Dolan

Indoor Cycling

Looking to have fun while burning 400+ calories? Nothing beats an Indoor cycling class for a low-impact, invigorating, calorie-busting (burn 400-700 calories) fitness workout. Participants select personal intensity levels during the class through body position and bike tension. With the lights off, fans blowing and music pumping, Indoor Cycling is an effective way to get strong and lean, build cardiovascular endurance, de-stress and have a good time!

Ages: 16 yrs. & up

Day/Time: Wed. 5:45-6:30 PM

Fee: \$32/month

Drop in fee: \$10/class

Code: 706308

Instructor: Wendy Dolan

Cyclelates

The best of both worlds: Cycling and Pilates. Build core strength, flatten your abs and increase flexibility with Pilates mat exercises. Burn lots of calories, get lean and build cardiovascular strength with cycling. Cyclelates incorporates 25 minutes of Pilates followed by 25 minutes of cycling to challenge all fitness levels. Cardio and Core: get more accomplished in just one workout.

Ages: 16 yrs. & up

Day/Time: Wed., 6:45-7:45 PM

Session/Fee: \$32/month

Drop in fee: \$10/class

Code: 706605

Instructor: Wendy Dolan



THE FIT CARLYLE EXPERIENCE

Ultimate Fitness Camp-NEW

This one hour jam-packed muscle confusion camp includes all the best low impact cardiovascular movements, ab chiseling and core and strength training exercises. All the best, new, up-to-date exercises that give you results without doing the same workouts. Lose weight with all the best healthy nutritional tips and food plan to follow for the week. Daily food log monitoring online by Carlyle. You will lose weight and feel great! Make healthy and safe changes today and join us for this great camp! This is beginner to advanced friendly! Please bring a water bottle.

Ages: 13 yrs. & up

Days: Mon.-Fri.

Times/Codes: 5:30-6:30 AM, 706208
9-10 AM, 706215

Dates: Feb.13-17, Apr. 9-13, May 28-Jun. 1,
July 16-20, Sep. 3-7

Fee: \$50/week or \$12/day

Mommy & Me Fit-NEW

This class is just for mom's and baby's to workout together in a baby safe atmosphere. Have lot's of fun incorporating exercise with baby! You will workout your entire body and get a great fat burning, strengthening core workout. This class is designed for both of you to have a great time socially and physically. This is a fun class that will help get back that body you want, lose weight or just get back into shape.

Ages: 16 yrs. & up

(baby must be at least 3 months old)

Days/Time: Tues.,and/or Thurs., 9:45-10:30 AM

Sessions/Fee: 03, 04, 05, 06, \$35 (1 class/week)
\$58 (2 classes/week)

Code: 706301

Early Bird Fit-NEW

Start your day off right! Step up and take control of your body and health. Carlyle will help you make the health and fitness goals you need to look good and feel great! Lose weight, change the shape of your whole body, strengthen, tighten, and tone! Get to the core and learn how to maintain your new body. Participants receive a monthly calendar with fitness tips, motivation, recipes, nutritional guidance, and exercises to help guide you to your fitness goals.

Ages: 13 yrs. & up

Days/Time: Mon., Wed., Fri., 5:30-6 AM

Fee: \$80/month

Code: 706219

Additional Info.: *Instructor discounts may apply

Maxburn Fusion-NEW

Muscle confusion workouts for the best fat burning muscle toning your body needs. This multi-level class is beginner to advanced friendly and will combine a total body workout with all the newest fitness techniques to change your body. Utilizing orthopedic stretches, improved body alignment techniques, muscle-defining arm exercises and waist-chiseling ab moves. This class covers it all, cardiovascular health, long lean muscle, fat burning and strength and endurance!

Ages: 13 yrs. & up

Day/Time/Code: Wed., 9-9:50 AM, 706420

Sessions/Fee: 03, 04, 05, 06, \$35

Pilates Cross Train-NEW

A class that does it all! Pilates, light strength, endurance training and stretching to strengthen, tighten, tone, and burn calories for a longer leaner body. You will see and feel your core change while de-stressing. Join us for this new class and make the healthy mind and body changes you want today!

Ages: 13 yrs. & up

Day/Time/Code: Thur., 9-9:45 AM, 706503

Sessions/Fee: 03, 04, 05, 06, \$35

FitCarlyle's Trainer's Choice

Trainer's choice is a great workout for all levels that will take you through every inch of your body using the best fat blasting, calorie burning, core strengthening, muscle confusion, cross training mix. Our fun, motivational, safe, dynamic workouts will have you achieving all your health and fitness goals. Come get healthy with us and have fun along the way! Bring ankle weights and a water bottle.

Ages: 13 yrs. & up

Days/Time/Codes: Mon., 9-9:45 AM, 706205

Fri., 9-9:45 AM, 706607

Sessions/Fee: 03, 04, 05, 06, \$35

Strength Stretch & Powerblast Plus

Total body strength training, light multi-level cardio and extensive abdominal, lower body and core exercises. Burn calories, tone, strengthen and sculpt your way to a healthy body!

Ages: 13 yrs. & up

Day/Time/Code: Mon., 6-6:45 PM, 706406

Sessions/Fee: 03, 04, 05, 06, \$35

Strength, Stretch & Flex

This popular class combines all the best and safest strength training exercises to guide you to a healthier, leaner body. Gain bone density, burn calories, build lean muscle and relieve stress using safe and effective exercises for your whole body. Class utilizes free weights, body bars, resistance training bands, stability balls, and core exercises. Learn correct strength training techniques to achieve maximum results and develop a strong, sculpted body in a fun, motivational class. Bring ankle weights and a water bottle.

Ages: 13 yrs. & up

Days/Times/Codes: Tue., 9-9:45 AM, 706300

Sat., 9:05-9:50 AM, 706700

Sessions/Fee: 03, 04, 05, 06, \$35

Trainer's Choice Plus

Trainer's choice is a great workout for all levels that will take you through every inch of your body using the best fat blasting, calorie burning, core strengthening, cross training mix. Our fun, motivational, safe, dynamic workouts will have you achieving all your health and fitness goals. Class participants receive a monthly calendar with health and fitness tips, nutritional guidance, and motivational information. Bring ankle weights and a water bottle.

Ages: 13 yrs. & up

Days/Time/Code: Thur., 6-6:45 PM, 706504

Sessions/Fee: 03, 04, 05, 06, \$35

***All Classes are beginner to advanced friendly.**

***Participants who miss a class may attend any FitCarlyle class in the same 6-week session, to make-up for the missed class.**

Instructor: Carlyle/Team Carlyle

**Fit Carlyle Fitness Pass: 1 class - \$35, (excludes boot camps)
2 classes - \$58 (save \$12)
3 classes - \$75 (save \$30)**

HEALTH FITNESS

Racquetball

Youth/Adult group racquetball lessons for beginning, intermediate and advanced players. Learn the rules of racquetball, the fundamentals, advanced strategies, and/or just polish your skills.

Beginner Youth Lessons

Ages: 6-16 yrs.

Day/Time: Wed., 6:30-7:25 PM

Sessions/Fee: 03, 05, \$40

Code: 706410

Instructor: Cheryl Bird

Beginner Adult Lessons

Ages: 17 yrs. & up

Day/Time: Wed., 7:30-8:25 PM

Sessions/Fee: 03, 05, \$40

Code: 706412

Intermediate Racquetball Youth/Adult

Designed for the intermediate and advanced racquetball player. Learn advanced court strategies as well as improve your swing.

Ages: Youth 6-16 yrs./Adult 17 yrs. & up

Days/Times: Wed., 6:30-7:25 PM (Youth)
Wed., 7:30-8:25 PM (Adult)

Session/Fee: 04, 06, \$40

Code: 706413 (Youth)/706414 (Adult)

Yoga-NEW

More than just fitness classes, these medically based Yoga classes fuse movement science and rehabilitation techniques with yoga. Classes will build on each other from week to week and include yoga postures, breathwork and meditation. Beginning and Intermediate classes available. Instructor: Natasha Carter, LAT, ATC, RYT

Beginning Classes: For those new to yoga or for those looking for a slower-paced class. Emphasis will be on form and technique and relaxing the mind and body to bring about a feeling of well being. Beginner postures introduced.

Ages: 18 yrs. & up

Days/Times/Codes:

Tues., 6:30-7:30 PM, 706303

Thurs., 6:30-7:30 PM, 706501

Sessions: 03, 04, 05, 06

Fees: \$49 (1 class/week)

\$79 (2 classes/week)

Intermediate Classes: For experienced practitioners looking to dive deeper into their practice and learn the subtleties of each posture while integrating the breath and meditation. More challenging postures introduced.

Ages: 18 yrs. & up

Days/Time: Wed., 7:30-8:30 PM

Fee: \$49

Session: 03,04,05,06

Code: 706402

Yoga Sports Series-NEW

These classes are taught by an experienced Athletic Trainer and will be tailored for your specific sport. Classes will focus on prevention of common injuries, balancing strength and flexibility, and improving mental focus to give you a competitive edge at any level. Classes within a session will build on each other each week. Each session will be on a different sport. Session 03-Volleyball, session 04-Basketball, Session 05-Soccer, and session 06-Baseball/Softball.

Ages: 15 yrs. & up

Days & Time: Wed., 6:15-7:15 PM

Fee: \$79

Session: 03,04,05,06

Code: 706401

Instructor: Natasha Carter, LAT, ATC, RYT

Zumba Fitness

Latin-inspired, easy-to-follow, calorie-burning, dance fitness party! The Zumba program is a one-of-a-kind fitness program. The goal is simple: I want you to workout, to love working out... and to get hooked. Zumba fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements! Class is offered two times per week.

Ages: 14 yrs. & up

Days/Times/Codes:

Wed., 7-8 PM, 706606

Sat., 10:15-11:15 AM, 706706

Sessions: 03, 04, 05, 06

Fees: \$30 (1 class/week)

\$43 (2 classes/week), 706400

Instructor: Samantha Olson, Zumba Certified

Camp Coleman

Join us for a fitness boot camp unlike any you have experienced. Camp Coleman combines circuit training with cardio, weights, and ab work in one intense workout to help you reach and maintain your fitness goals. So whether your goal is to lose weight, tone, or just become more confident, this program is for you! Classes are fun, energizing, diverse, and include a free initial and post boot camp assessment.

Ages: 13 yrs. & up

Days/Times/Fees/Codes:

Mon., Wed., Fri., 5:45-6:15 AM \$90, 706203

Tue., Thur., 12-12:30 PM \$70, 706201

Session: 4 weeks

Instructor: Larry Coleman, Ci-MFS

Coleman Cross Training

This class targets your total body and is an excellent program for those that want to begin a workout routine or for those that want to be challenged. Larry will use his experience as a Master Fitness Specialist to take you through the latest exercises in the world of fitness, keeping your workouts fresh and your body feeling exhilarated.

Ages: 13 yrs. & up

Sessions/Fee: 03, 04, 05, 06, \$80

Days/Time: Mon., Wed., Fri., 9-9:45 AM

Code: 706222

Instructor: Larry Coleman, Ci-MFS

Men's Pickup Basketball

Stop in and play! Games played every Thursday from 6-7:30 AM, or play Monday-Friday from 11:30 AM-1 PM. Basketball is great exercise before work and during lunch. Come out and join us in a game!

Ages: 18 yrs. & up

Fees/Days/Times:

\$10, Thur., 6-7:30 AM

\$20, Mon.-Fri., 11:30 AM -1 PM

Codes: 706508 (Morning), 709902 (Lunch)

Starts on the 1st of every month

HEALTH FITNESS

Join anytime • Classes offered year round
For more information, please call Missy at 817.269.6477.

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn. Choreographed to today's hottest music, Jazzercise is a fusion of jazz dance, resistance training, Pilates, yoga and kickboxing. Start dancing yourself fit and change the shape of your body today!

FEE: Starting at \$39 per month!
Joining fees may apply (unlimited access to all 13 classes)



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\$25 Gift

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Valid for Jazzercise classes at participation locations only. Valid for new customers or those who have not attended Jazzercise for 3 months or longer. Not valid with any other offer. No refunds or cash value. Limit one per customer.
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Class Schedule

MON

5:45 AM: Express
*9:15 AM: Jazzercise
6 PM: Jazzercise

TUES

*9:15 AM: Jazzercise
6 PM: Jazzercise

WED

5:45 AM: Express
*9:15 AM: Jazzercise
6 PM: Jazzercise

THUR

*9:15 AM: Jazzercise
6 PM: Jazzercise

FRI

5:45 AM: Express
*9:15 AM: Jazzercise

SAT

9:15 AM: Jazzercise

* Free Child Care Available

jazzercise®

Jazzercise

The original dance exercise phenomenon! Jazzercise blends aerobics, yoga, Pilates, and kickboxing movements into fun dance routines set to fresh, new music. Instructors make the routines fun and easy to follow.

Personal Touch

Personal Touch is a program designed by Jazzercise to carry your fitness needs one step further. Personal Touch is an extended program to build muscle tone, strong bones and healthier eating habits. Each class concentrates on muscle building, nutrition and proper strength training techniques to help you lose inches and pounds. No aerobics involved. Open to non-jazzercise students.

Ages: 16 yrs. & up

Days/Times/Codes/Fees: Mon., 7-7:50 PM, 706218, \$60

Thurs., 7-7:50 PM, 706506, \$60

Mon. & Thurs., 7-7:50 PM, 706221, \$100

Sessions: 03, 04, 05, 06

Instructor: Certified Jazz Instructor

For more information, please contact Missy at 817.269.6477

12 or at grapevinejazz@verizon.net

Junior Jazzercise Camp

This camp features hip-hop, cheerleading, fitness testing, obstacle course, talent show, arts and crafts and more. Get your kids off to a healthy start to summer by exposing them to an exercise program that is fun and offers variety.

Ages: 7-11 yrs.

Days/Time/Code: Mon.-Fri., 1-4 PM, 706711

Dates: Jun. 11-15

Aug. 13-17

Fee: \$110

Instructor: Missy Hill

For more info: 817.269.6477

*Girls only



NEW CLASS TIMES

Monday/Wednesday/Friday

5:45 AM

Start your day off right!

Get in, work out, and still have time to get ready for your busy day.

Tae Kwon Do/Hapkido

Tae Kwon Do, a Korean martial art, is for all ages and is fun for the entire family. Develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Students in the beginning class will learn the basic forms, basic techniques, and controlled sparring applications. This class offers a 20-minute warm-up that is followed by the basic technique/controlled sparring practice (ends 8 PM). Advanced skills (intermediate-advanced ranks) are practiced from 8-8:45 PM.

Hapkido: A Korean martial art that adds grappling techniques (escape from holds, wrist locks, throws, and weapon practice) to Tae Kwon Do skills. Beginning skills are practiced from 7-8 PM and advanced from 8-8:45 PM.

Ages: 6 yrs. & up

Sessions/Fees: \$50/month (Ind.)

\$37.50/month (Mar.)

\$140/month (Fam.)

\$105/month (Mar.)

Instructor: Kim Davis, 6th DAN

***Note:** Belt test and optional uniform is available from instructor on first day of class.
Family of three or more.
Family discount is not available through web registration.

Beginning Tae Kwon Do

Days/Time: Mon. & Thur., 7-8 PM

Codes: 706800 Ind., 706802 Fam.

Advanced Tae Kwon Do/Hapkido

Days/Time: Mon. & Thur., 7-8:45 PM

Codes: 706801 Ind., 706803 Fam.

Forms & Sparring Seminars

Dates/Times: Feb. 11, 10 AM-12 PM

May 12, 10 AM-12 PM

Aug. 25, 10 AM-12 PM

Ages: 6 yrs. & up

Fee: \$5 each

Code: 706001

Self-Defense Seminars

Date/Time: Mar. 24, 12-4 PM

Jun. 16, 12-4 PM

Sept. 15, 12-4 PM

Ages: 13 yrs. & up

Fees: \$10/2 hours; \$20/4 hours

Code: 706000

***No class Mar. 11-17**

***No class Jul. 4**

Fencing

Achieve exercise, discipline, agility and grace. Learn the rules and strategy of foil fencing including footwork, defense, and attack. The instructor will provide the uniform and equipment. Moms, Dads and siblings are welcome to join the fun.

Ages: 8 yrs. & up

Day/Time: Mon., 7-8 PM

Sessions/Fee: 03, 04, 05, \$40

**Class will not be held during Session 06*

Code: 706200

Instructor: Mark Ertel

Stroller Strides

Get fit and healthy with the nation's premiere prenatal and postpartum fitness class for moms. Join us in an hour long class that combines power-walking, strength training, core work, and stretching. Babies will also have fun as we entertain them during class with songs and games. Pregnant moms and new moms (6 weeks postpartum or more) are always welcome!

Location: Parr Park

Days/Time: Mon., Wed., Fri., 9-10 AM

Fees: \$30/month for 1 day/week

\$50/month unlimited

Additional Info: For more information or to register, contact Farrah Agado at 800.610.6539, or at farrahagado@strollerstrides.net or at strollerstrides.com.

Camp Gladiator Fitness Camps

Camp Gladiator is an adult fitness camp that promises an intense, motivating and challenging environment where men and women of all ages and fitness levels can push themselves. Participants may attend ANY and ALL times for one low price. For more information and to register, visit campgladiator.com

Ages: 15 yrs. & up

Days/Time: Mon., Wed., Fri., 9:15-10:15 AM

Location: Pickering Park

more times/locations on website

Camp Dates: Jan. 9-Feb. 3

Feb. 13-Mar. 9

Mar. 19-Apr. 13

Apr. 23-May 18

May 28-Jun. 22

Jul. 2-Jul. 27

Aug. 6-Aug. 31

Instructor: Janet Fuller

janet.fuller@campgladiator.com

Body Back

Body Back is a results based workout program designed specifically for Moms of all ages. Eight weeks - two high intensity workouts per week, meal plan, food journal, motivation and online support/coaching.

Ages: 21 yrs. & up

Days/Time: Mon. & Wed., 6-7 AM

Dates/Sessions: Mar. 12-May 2, 03

May 14-Jul. 4, 04

Jul. 16-Sept. 5, 05

Fee: \$349/8 weeks

Code: 706309

Instructor: Farrah Agado

Legends Martial Arts

Learn from the oldest school of martial arts in Texas! Grandmaster J. Pat Burleson opened the first karate school in Texas in 1960, and he still teaches today! We teach confidence, discipline, respect and overcoming obstacles. Our self-defense is solid. We combine traditional karate with Thai boxing, Aikido, and Jiu-Jitsu to give you the best of all worlds!

Fees: \$45/month - Basic Program

\$55/month - Elite Program

\$65/month - Masters Program

(\$5 discount for each additional family member).

White Belt Karate

Kids, teens and adults must first graduate from this class (unless arrangements are made otherwise with the instructor) before going into the junior classes or the teen and adult classes. This class will teach the beginning basics needed for both programs.

Day/Time: Tue., 5-5:30 PM

Ages: 6 yrs. & up

Code: 706701

Kids Class (Jr. Yellow - Jr. Black Belts)

Day/Time: Tue., 5:30-7 PM

Ages: 6-11 yrs.

Code: 706702

Teens & Adults (Yellow - Black Belts)

Day/Time: Tue., 7-9 PM

Ages: 12 yrs. & up

Code: 706703

Lil' Legends Pre-K Karate

Martial arts classes designed for 3, 4 and 5 yr. olds. Our curriculum was designed by a black belt with a Master's Degree in Occupational Therapy for pre-k age children. Participants must test out of the first class to progress to the "advanced" class, which focuses on perfecting martial arts techniques.

Beginner

Day/Time: Tue., 4:45-5:15 PM

Ages: 3-5 yrs.

Code: 706704

Advanced

Day/Time: Tue., 5:30-6 PM

Ages: 3-5 yrs.

Code: 706705

Instructor: Legends Martial Arts

For more information:

legendsmartialarts.com

817.285.8484

Fine Arts

Drawing and Pastels

Drawing from basic shapes, landscapes, perspective, still life and animals. Drawings will be finished in pencil or pastels.

Ages: 6-12 yrs.

Day/Time: Tue., 4:30-5:45 PM

Session/Fee: 03, 04, 05, 06 \$60 (6 wks.)

Supplies: Bring 11"x14" drawing tablet and #2 pencils. Pastels will be supplied by the instructor.

Code: 705218

Instructor: Rexană Ostuni

Advanced Art Class

Learn to mix colors and color theory, paint in different styles and media with acrylics and oils.

Ages: 10 yrs. & up

Day/Time/Code: Tue., 6-7:30 PM, 705202

Sessions/Fee: 03, 04, 05, 06, \$65 (6 wks.)

Supplies: Canvas, paper or board, paint brushes (flat; small, medium and large table easel). Paint will be furnished by instructor.

Additional Info: Before taking Advanced Art Class, students must complete Drawing & Pastels.

Instructor: Rexană Ostuni

Beginning/Intermediate

Drum & Percussion-NEW

Learn to play drums/percussion with proper technique and style. Coordination between hands and feet, sight reading music, rudiments and various rhythms covered.

Ages/Days/Times/Codes/Fees:

6-12 yrs., Sat., 1-1:45 PM, 705798, \$80/mo.

13 yrs. & up Sat., 2-2:45 PM, 705799, \$80/mo.

Additional Info: This is a monthly class.

Students will need to bring their own sticks and practice pad or they may be purchased from the instructor.

Instructor: Scott Pierson

Keyboard/Piano for Beginner 1&2-NEW

This class is geared towards complete beginners. Your child will learn music notation, basic music concepts, play simple songs and develop music appreciation. Small class size ensures each child receives proper attention.

Age/Time/Code/Fee:

Beginners 1

5-6 yrs., 5-5:30 PM, 705562, \$95

Beginners 2

7-15yrs., 5:35-6:35 PM, 705563, \$205

Day/Sessions: Thurs., 03, 04, 05, 06

Additional Info: There is a supply book fee of \$7 paid directly to the instructor. Class size is limited to four students per class. Keyboards will be provided for the students. Classes may be combined, if necessary

Instructor: Amir Khan

Guitar Private Lessons

Students will learn to how to read music, develop proper playing technique and with a bit of practice, play songs. repertoire ranges from classical, jazz and popular music. Guitar is required.

Ages: 8 yrs. & up

Day/Time: will be determined by the instructor

Session/Fee: \$150/monthly (4 lessons)

Code: 705210

Additional Info: Instructor will call student to set up day and times for lessons. No make ups will be offered. Students can register starting the 15th of each month prior to the month they begin lessons.

Instructor: Jeff Escudé

Beginning Guitar Instruction

Introduction to the guitar in a relaxed group environment. Basic guitar technique will include: holding, tuning, hand position, timing and learning of notes on the first three strings. Students will play a variety of popular songs and melodies.

Ages: 8 yrs. & up

Day/Time/Code: Tue., 6:15-7:10 PM, 705203

Sessions/Fee: 03, 04, 05, 06 (6 wks.), \$90

Additional Info: Students must bring their own electric or acoustic guitar to class.

Instructor: Jeff Escudé

Guitar Ensemble-NEW

Students will learn the notes on all six strings and continue to perform music in this class. If you have ever wanted to play music in a solo, duet or trio/ensemble setting, this class will give you a chance to share your talent and gain performing experience with other musicians.

Ages: 14 yrs. & up

Day/Time/Code: Tues., 7:15-8:10 PM, 705204

Session/Fee: 03, 04, 05, 06, (6 wks.), \$90

Additional Info: Students must bring their own electric or acoustic guitar to class..

Instructor: Jeff Escudé



Special Interest



ALL ADULT DANCE

Ages: 15 yrs. & up (6 weeks)

Younger ages accommodated with instructor approval.

Sessions/Fee: 03, 04, 05, 06, \$50/Couple

Instructors: Ernie and Diane Meyer

Country/Western Dance For Beginners

Learn a new dance each week during each

session as follows: Two Step, Waltz, East Coast Swing, Double Two Step, Cha Cha, and Triple.

Day/Time/Codes: Thurs., 8 PM, 705305-03

Thurs., 8 PM, 705305-04

Tues., 8 PM, 705305-06

Ballroom Dance For Beginners

Learn a new dance each week during each session as follows: Foxtrot, Waltz, East Coast Swing, Rumba, Cha Cha, and Tango.

Note: If there are fewer than 2 couples signed up by the start date of the Session, the class will be canceled.

Day/Time/Codes: Tues., 8 PM, 705503-03

Tues., 8 PM, 705503-04

Tues., 8 PM, 705503-05

Clogging

Clogging is easy and fun. You don't need a partner or any previous dance experience. Clogging is a great multi-generation family activity. Children under the age of 15 must be accompanied by an adult.

Day: Mon.

Levels/Times/Codes:

Beginning, 7-7:35 PM, 709221

Easy, 7:40-8:15 PM, 709220

Intermed., 8:20-8:55 PM, 709222

Advanced, 9-9:30 PM, 709223

Session 07: Mar. 5-May 21, (11 weeks)

Session 02: Jun. 4-Aug. 27, (13 weeks)

Fee: \$30

Class Info: Beginner lessons start in Mar., Jun., Sept., and Dec.

Instructor: John Pryor

Texas Concealed Handgun Licensing Class

This one-day (10 hr.) course satisfies the handgun license. Subjects covered include: gun safety, non-violent dispute resolution, use of force and legal issues, as well as others. Course includes both written and proficiency (shooting) exams.

Sessions/Dates/Times:

03 - Mar. 10, Sat., 9 AM-7 PM

04 - Apr. 14, Sat., 9 AM-7 PM

05 - May 19, Sat., 9 AM-7 PM

06 - Jun. 9, Sat., 9 AM-7 PM

07 - Jul. 14, Sat., 9 AM-7 PM

08 - Aug. 11, Sat., 9 AM-7 PM

Code/Fee: 709795, \$119

Ages: 21 yrs. & up

Additional Info: For more information, contact Stan Wende at 972.742.1652. Additional gun range fee of \$15 paid to the instructor.

Instructor: Stan Wende

Defensive Driving

Bright Driver is a National Safety Council defensive driving course for all individuals that need an auto insurance discount and/or need to dismiss a traffic citation. This is a six hour course that can also be used as a corporate safety course to dismiss a traffic citation anywhere in the United States.

Day/Time: Sat., 9 AM-4 PM

Session/Fee: 03 - Mar. 3

04 - Apr. 21

05 - May. 19

06 - Jun. 2

07 - Jul. 7

08 - Aug. 4

Fee: \$35

Code: 709736

Ages: 16 yrs. & up

Instructor: J.T. Brinson

Website: brightdriversafety.com

7 Steps to a Successful Remodel

Learn how to avoid the dangerous trends facing home owners that cost them thousands of dollars. Learn the top 10 most popular updates and how to remodel your home in 7 easy steps, from getting started with the design that fits best in your home, to choosing the right contractor, reviewing your proposal and completing your first contract. Reduce frustrations of scheduling delays, unexpected surprises and disappointing results.

Code/Fee: 709541, \$25

Ages: 18 yrs. & up

Sessions/Dates/Times:

04, Apr. 19, 6:30-8:30 PM

05, Jul. 12, 6:30-8:30 PM

Instructor: Kathi Fleck

How To Choose Your Remodeling Contractor-NEW

Learn how to choose a remodeling contractor. review the basics, from initial meeting to signing a contract. Reduce frustrations on your remodel once the job begins.

Code/Fee: 709542, \$25

Ages: 18 yrs. & up

Sessions/Dates/Times:

03, Mar. 1, 6:30-8:30 PM

05, Jun. 14, 6:30-8:30 PM

Instructor: Kathi Fleck

Kitchens of Tomorrow

Discover the main ingredients in remodeling the most important room in your home. Learn how to pull the entire project together from floor to ceiling. Create your focal point and coordinate colors, materials and design.

Code/Fee: 709545, \$25

Ages: 18 yrs. & up

Sessions/Dates/Times:

04, May 17, 6:30-8:30 PM

06, Aug. 2, 6:30-8:30 PM

Instructor: Kathi Fleck

Cooking With Ratna-NEW

Snacks for any Occasion: Learn how to prepare several snacks for a party or any occasion (veg. and non-veg.). To pair with the snacks, you will also learn to prepare a few non-alcoholic drinks.

Date/Code: Apr. 11, 03

Chinese for Dinner: Learn how to prepare a healthy meal your entire family will love.

Date/Code: May 30, 04

The Indian Way: Join me for a two hour session of Indian cooking with a fusion of American Cuisine. Learn about the spices, some of their properties and how to incorporate these into your daily life.

Date/Code: Jul. 18, 05

Ages: 18 & up

Day/Time: Wed., 5:30-7:30 PM

Code/Fee: 709677, \$25

Additional Info: There will be a \$10 supply fee paid to the instructor. *Class will participate with the cooking!*

Instructor: Ratna Singh

Water Conservation 101

This class is free to Grapevine residents and you must pre register to participate. Learn a proactive approach to managing your irrigation system more efficiently. The class will cover a wide range of topics including: efficient programming of irrigation controllers, various water saving devices and specialized tools available, make simple repairs (i.e. nozzle selection) yourself.

Days/Dates/Times/Codes:

Tue., Apr. 17, 6:30-8:30 PM, 304302-10

Tue., May 15, 6:30-8:30 PM, 304302-11

Location: Bessie Mitchell House, 411 Ball Street

Ages: 18 and up (minimum 5/maximum 15)

Instructor: Jerry Jasso, Licensed Irrigator #9284

Keep Grapevine Beautiful (KGVB)

The award winning KGVB programs include bi-annual waterway and park clean ups, recycling and hazardous waste events, park renovation and beautification projects, corporate and small business team building outings and grant funding to GCISD schools. KGVB welcomes privately scheduled outings with businesses, scout, church or school groups. KGVB is an approved, non-profit organization that supports school district community service requirements. Join us for informative monthly meetings on the first Monday at 7 PM at City Hall. For more information, please visit kgvb.org or Facebook: Keep Grapevine Beautiful, Twitter @KGVBTexas or contact Mary Jo Tellin at mjtellin@grapevinetexas.gov or at 817.410.3490.

Keep Grapevine Beautiful Event Schedule

January 28

Trail Trekking for Trash

March 31

Household Hazardous Waste Recycling Event

April 14

Don't Mess with Texas Trash-Off-a KGVB Signature Event

April 20

Earth Day Celebration – Taking Care of Mother Earth

May 12

National Public Gardens Day

June 2

National Trails Day

June 9

National Marina Day

July (TBD)

Summer Nights on Main Street

Event details may be found at kgvb.org, Keep Grapevine Beautiful Facebook, Twitter @KGVB Texas, or by contacting mjtellin@grapevinetexas.gov or call 817.410.3490.

Make the Biggest Impact on Your Bathroom

Learn how to get started and discover how to get started and pull the entire remodel project together, from tile, to cabinets, showers, vanities, lighting, plumbing and accessories.

Code/Fee: 709544, \$25

Ages: 18 yrs. & up

Dates/Times/Sessions:

May 3, 6:30-8:30 PM, 04

Jul. 26, 6:30-8:30 PM, 06

Instructor: Kathi Fleck

Grapevine Citizen's Police Academy

The Grapevine Police Department Citizen's Police Academy is held twice a year, once during the spring, and once during the fall. The Academy is open to any resident, employees of the City of Grapevine and their families, free of charge. During the fourteen week academy, students will have the unique opportunity to see and interact with Police Department personnel as never before. Students will observe all of the functions of this Police Department and see its innermost workings.

The goal of this academy is to strengthen communications between the department and the community we serve. To provide a safe environment, citizens and police must jointly address issues and solutions.

The Grapevine Police Department is currently taking applications for the 26th CPA class which is scheduled to begin in February 2012, and the 27th CPA class which will begin in August, 2012. Please visit the city of Grapevine website at grapevinetexas.gov for more information or to download an application. If you have any questions, please contact Sgt. Dale Roath at 817.410.3206 or at daler@grapevinetexas.gov.

special Interest



Lake Grapevine Runners And Walkers Club (LGRAW)

LGRAW (Lake Grapevine Runners and Walkers) is a local non-profit organization dedicated to promoting running, walking and fitness in the Lake Grapevine area. Saturday and Sunday mornings are informal group runs in the Oak Grove Park area. For more information, please visit runner-sandwalkers.com

Introductory Photography

This four-session introductory photography series guides students to progress beyond taking snapshots. Explore your camera's capabilities and learn how to manually adjust for shutter speed, aperture and film speed. Improve your understanding of composition, light, depth-of-field, and perspective. Each session includes time for practicing the concepts and techniques discussed. Students need to bring a camera and the camera manual. A digital SLR or compact camera with manual controls is essential for this class.

Day/Time: Sun., 1:30-3:30 PM

Location: Bessie Mitchell House, 411 Ball Street

Sessions/Dates/Codes:

03, Mar. 4-25, 304701

04, Apr. 29-May 20, 304701

07, Sept. 23-Oct 14, 304701

Age: 16 yrs.

Fee: \$125

Instructor: Bruce Rosenstiel:

bruce@smallworldphotos.net, 817.528.5993

Intermediate Photography

This four-session intermediate photography series builds on the experience and skills learned in Introduction to Photography. Each session guides students to increase their knowledge of the tools and techniques essential to creating photographs. Students are introduced to an effective digital workflow using software such as Adobe Lightroom and Adobe Photoshop. The class includes time for practicing the concepts and techniques discussed. Students need to bring a camera and camera manual. A digital SLR or compact camera with manual controls is essential for this class. A tripod and a laptop with processing software loaded will be beneficial, but are not essential.

Day/Time: Sun., 4-6 PM

Location: Bessie Mitchell House, 411 Ball Street

Sessions/Dates/Codes:

03, Mar. 4-25, 304700

04, Apr. 29-May 20, 304700

07, Sept. 23-Oct 14, 304700

Age: 16 yrs.

Fee: \$125

Instructor: Bruce Rosenstiel:

bruce@smallworldphotos.net, 817.528.5993



Paddle, Pedal & Pound the Pavement XII, A Sprint Triathlon

Sat., Jun. 2, Race starts at 7:30 AM

Test your fortitude in this annual sprint triathlon that consists of a 300-yard swim, 20k bike ride and 6k run. The race will begin at Dove Pool, 1509 Hood Lane, and end at Cross Timbers Winery, 805 N. Main with a barbeque feast. Register at trigrapevine.com.

Registration opens on Mar. 1.

Information: Cameron Powell, 817.410.3453
or cpowell@grapevinetexas.gov

Funscape

It's the Friday night hang-out for 9 to 14 year olds. Test your skills in Tug-of-War, Basketball, Air Hockey and the Dance contest.

Escape to Funscape!

Open Every Friday • 7-11 PM

Grapevine Community Activities Center,
1175 Municipal Way

Admission only \$8

For more information, please call
972.446.6483.



Community CPR

This course prepares you to rescue victims who are experiencing cardiopulmonary distress. This course includes information on Adult CPR, as well as rescuing infants and children. Successful participants earn the American Red Cross (ARC) Community CPR certificate (valid for 2 years).

Day/Time: Sat., 9 AM-5 PM

Ages: 10 yrs. & up

Fee/Code: \$74*, 709700

Sessions/Dates: 03-Mar. 31

05-Jun. 9, 06-Aug. 4

Instructor: ARC Certified Instructor

Adult CPR

This course prepares you to assist any victim the size of an average nine-year-old or larger who is experiencing respiratory and/or cardiac distress. Successful participants earn the American Red Cross (ARC) Adult CPR certificate (valid for 2 years).

Day/Time: Sat., 9 AM-1 PM

Ages: 10 yrs. & up

Fee/Code: \$60*, 709701

Sessions/Dates: 03, Mar. 31

05, Jun. 9, 06-Aug. 4

Instructor: ARC Certified Instructor

Community First Aid & Safety

This course covers everything in the Community CPR course along with first aid for a variety of conditions including bleeding, injuries to bones, muscles and joints, sudden illness, and heat and cold injuries. Successful participants earn two certificates: American Red Cross (ARC), Community CPR, (valid for 2 year) and ARC Community First Aid (valid for 2 years).

Day/Time: Sat., 9 AM-7 PM

Ages: 10 yrs. & up

Fee/Code: \$87*, 709702

Sessions/Dates: 03, Mar. 31

05, Jun. 9, 06-Aug. 4

Instructor: ARC Certified Instructor

Babysitter's American Red Cross Certification

A seven-hour babysitting course covering a variety of topics including: preventing accidents and illnesses, basic first aid, reviewing choking procedures, rescue breathing and making professional decisions in babysitting. The class is 90% participation. All participants will receive a babysitting training book the day of class. There will be a 30-minute on campus break for lunch. Please provide your own lunch, snacks and drinks.

Day/Time: Sat., 9 AM-4 PM

Ages: 11 yrs. & up

Fee/Code: \$75*, 709703

Sessions/Dates: 03, Feb. 25

04-May 5, 05-Jul. 7

Instructor: ARC Certified Instructor

* All ARC class registrations close two weeks prior to class start date.



RECREATION

Quickstart Your Kayak

This is an introductory program aimed at all ages and fitness levels. This clinic provides the kayaker with the necessary skills to paddle safely, efficiently and with confidence. You will leave this class knowing how to enter, exit and maneuver your kayak in any direction so your future kayaking experiences are enjoyable and safe.

Site: Meadowmere Park, Lake Grapevine

Time: Sunday, 10 AM-1 PM

Dates/Codes: Jun. 10, 707855-10

Jul. 15, 707855-11

Aug. 12, 707855-12

Sep. 16, 707855-13

Ages/Fee: 10 yrs. & up (10-12 yrs. must be accompanied by an adult), \$60

Kayaking for Seniors

This three-hour course is the most comprehensive beginner lesson available. Kayaks, paddles, and personal flotation devices are provided.

Site: Meadowmere Park

Lake Grapevine

Day/Time: Sun., 2-5 PM

Dates/Codes: Jun. 10, 707856-10

Jul. 15, 707856-11

Aug. 12, 707856-12

Sep. 16, 707856-13

Ages/Fee: 55 yrs. & up, \$25

Instructors: Staff from Kayak Instruction, Inc.
For more information, please call 214.629.4794 or visit kayakinstruct.com.

RISE Adventures -

Kicking Off the Summer Bash

"An outdoor adventure experience for the physically challenged."

The goal of this event is to inspire individuals with physical challenges to participate in a number of adaptive programs at one location. Enjoy the physical, mental and social benefits of weekly recreational programs. Sample the latest in adaptive equipment; water skiing, jet skiing, sailing, kayaking, fishing, hand cycling, remote control sailboats, quad rugby, basketball, face painting, and many more fun activities.

This event is FREE for qualified participants and their families. Complimentary food, beverages and live music will be provided.

RISE Adventures is a non-profit charitable organization. For more information on participation, sponsorship, or volunteering, please visit riseadventures.org or call 469.762.5075.

Day/Date/Time: Sat., May 12, 9 AM-3 PM

Location: Meadowmere Park,
3000 Meadowmere Lane

Grapevine Golf

3800 Fairway Drive

Offering junior and adult programs. Please call 817.410.3377 for more information.

GRAPEVINE Tennis

Tournaments

All tournaments will have male and female divisions.

Adult Divisions (Men and Women)

3.0 & Below Singles	711868-11
3.0 & Below Doubles	711869-11
3.5 Singles	711850-11
3.5 Doubles	711851-11
4.0 Singles	711852-11
4.0 Doubles	711853-11
4.5 & Above Singles	711854-11
4.5 & Above Doubles	711855-11
4.0 & Above Mixed Singles	711856-11
4.0 & Below Mixed Doubles	711857-11

Junior Divisions (Boys and Girls)

12 & Under Singles	711860-11
12 & Under Doubles	711861-11
14 & Under Singles	711862-11
14 & Under Doubles	711863-11
16 & Under Singles	711864-11
16 & Under Doubles	711865-11
18 & Under Singles	711866-11
18 & Under Doubles	711867-11
14 & Over Jr. Mixed Doubles	711870-11
14 & Under Jr. Mixed Doubles	711871-11

Dates: May 12 & 13

Registration Deadline: May 9

Entry Fee: \$18 singles; \$36 double team

Additional Info: Players can get start times on May 11, by visiting TNTennis.net or call Kelly Langdon at 817.233.5793.

Venue Alert: The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

Tennis Classes-All tennis activities take place at the Dove Park Tennis Courts, 1509 Hood Lane. Students need to bring a racquet and a new can of tennis balls to the first class meeting.

Pee Wee Tennis

Designed to create eye/hand coordination while learning basic techniques.

Ages: 3-6 yrs.

Sessions/Fee: 03, 04, 05, 06, \$34

Day/Time/Code: Sat., 8:30-9 AM, 707740

JR. Beginner

This class is designed for the student interested in learning the technique of each tennis stroke. Each class will be divided by skill level.

Ages: 6-15 yrs.

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Days/Times/Codes:

Wed., 5:30-6:55 PM, 710251

Sat., 9-10:25 AM, 710750

Wednesday's class not offered in session 05

Jr. Advanced Beginner

This class is designed for advanced beginner/intermediate players wanting to improve their skills.

Sessions/Fee: 03, 04, 05, 06, \$90

Days/Time: Sat.'s, 10:30 AM-12 PM

Code: 707704

JR. Advanced

Designed for the serious student with prior instruction. Strategy, technique and point situations will be stressed.

Ages: 6-15 yrs.

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Day/Time: Thur., 5:30-6:55 PM

Code: 710550

JR. Intermediate

This class is designed to offer strategy to those players competing at school or in tournaments. Techniques will continue to be developed.

Players must know the scoring system.

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Day/Time/Code: Tue., 5:30-6:55 PM, 710350

Ages: 6-15 yrs.

Adult Classes

Ages: 15 yrs. & up (or high school skill level)

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Adult Beginner: Designed to teach the basic strokes and techniques. Strategy will be discussed if applicable.

Day/Time/Code: Beg./Wed. (lower courts), 7-8:25 PM, 710252

Adv. Beginner/Intermediate: Designed for players with prior experience. Both technique and strategy will be taught.

Day/Time/Code:

Adv. Beg./Int.: Thur., 7-8:25 PM, 710551

Women

Ages: 18 yrs. & up

Fee: (6 wks.), \$90

Beginner

Days/Times/Sessions/Codes:

Wed., 11 AM-12:30 PM, 710451, 03, 04

Fri., 11 AM-12:30 PM, 710652, 03, 04, 05, 06

Advanced Beginner/Intermediate

Days/Times/Sessions/Codes:

Wed., 9:30-11 AM, 710450, 03, 04

Fri., 9:30-10:55 AM, 710650, 03, 04

Fri., 8:30-10:00 AM, 710650, 05, 06

For Summer Tennis Camps,
please see page 28.

Tournament Tough

This class is designed for high school level players (Jr. Varsity/Varsity). This class will emphasize strategies used in tournament competition (Zats/Champs).

Site: Dove Park

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Day/Time: Tue., 7-8:25 PM

Code: 710351

YOUTH SPORTS

LEAGUES & TOURNAMENTS

Spring/Summer Youth Basketball League

Registration: Mar. 1-22

Late Registration: Mar. 23-31*

No residency restrictions. First come, first served. Limited space available. *Beginning Mar. 23, a 10% late fee will be added to both individual and team registration.

Game Site/Days: GCISD facilities/Saturdays

Ages: As of Sept. 1, 2011

Divisions:

Boys Indiv. (Division II)		Girls Indiv. (Division II)	
8 & under	612700-12	8 & under	612706-12
10 & under	612701-12	10 & under	612707-12
12 & under	612702-12	12 & under	612708-12
14 & under	612703-12	14 & under	612709-12

Boys Team (Division I)		Girls Team (Division I)	
8 & under	612712-12	8 & under	612718-12
10 & under	612713-12	10 & under	612719-12
12 & under	612714-12	12 & under	612720-12
14 & under	612715-12	14 & under	612721-12

Fee: \$85/individual* (resident)

\$95/individual* (non-resident)

(individual fee includes jersey)

\$475/team* (resident)

\$495/team* (non-resident)

Coaches' Meeting and Practice Sign-up:

All teams must turn in their roster and a copy of each players birth certificate at the coach's meeting on Sat., Apr. 7, 9-11 AM, Cross Timbers Middle School, 2301 Pool Road, Grapevine.

Practices begin: Week of Apr. 22, practices will be held at local GCISD facilities Mon.-Thur. Coaches will sign-up for their team's practice site and time.

Season dates: Apr. 28-Jul. 7

Youth Basketball Fall League

Coming in October! Boys and Girls Teams 8 & Under, 10 & Under, 12 & Under, and 14 & Under.

Girls' Spring Youth Volleyball

An introductory program for young girls learning the game in a league setting. You may sign-up individually or bring in your own team. Practice sites are available and league games are on Saturdays.

Registration: Feb. 1-17

Late Registration: Feb. 18-23*

Ages: As of Sept. 1, 2011

Divisions:

Girls' Individual		Girls' Team	
8 & under	612406-11	8 & under	612407-11
10 & under	612400-11	10 & under	612403-11
12 & under	612401-11	12 & under	612404-11
14 & under	612402-11	14 & under	612405-11

Fees: \$65-Individual Resident, \$75 (Non-Resident)

\$310-Resident Team \$330-Non-Resident Team

*As of Feb. 18, a 10% late fee will be added.

Rosters and copy of birth certificates are due at time of Coach's meeting!

Coach's meeting: Sat., Mar. 10, 9 AM,

Community Activities Center, 1175 Municipal Way

Practices begin: The week of Mar. 11

Season dates: Mar. 24-Apr. 28

Girls' Summer Youth Volleyball

Registration: May 22-Jun. 4

Late Registration: Jun. 5-11*

Ages: As of Sept. 1, 2011

Divisions:

Girls' Individual		Girls' Team	
8 & under	612406-12	8 & under	612407-12
10 & under	612400-12	10 & under	612403-12
12 & under	612401-12	12 & under	612404-12
14 & under	612402-12	14 & under	612405-12

Fees: \$65-Individual Resident, \$75 (Non-Resident)

\$310-Resident Team \$330-Non-Resident Team

*As of Jun. 5, a 10% late fee will be added.

Rosters are due at time of the coach's meeting!

Coach's meeting: Sat., Jun. 16, 9 AM,

Community Activities Center, 1175 Municipal Way

Practices begin: The week of Jun. 24

Season dates: Jul. 14-Aug. 18

Additional Info: Practices will be held at local GCISD facilities Mon.-Thur. Coach's will sign-up for their team's practice site and time at the Coach's meeting. Jerseys are provided for the individual division only. This is a six-week league. For more information, call 817.410.3470 or visit playgrapevine.com.



Venue Alert:

The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

YOUTH SPORTS ASSOCIATIONS

Grapevine/Colleyville Youth Football Association

- Ages are determined as of Aug. 1, 2012.
- 12-yr. olds may participate in tackle football if they attend a school that **does not** provide a football program.
- 4-yr. olds may cheer with Executive Board approval.

Early Registration: *(Cheerleading and Football)*

The Grapevine Pee Wee Football Association will accept registrations for the 2011 season via mail.

Download the registration form from:

gcyfa.org and mail the completed form with a check for the early registration fee to:
Grapevine/Colleyville Youth Football Association
P.O. Box 707, Colleyville, TX 76034
Make checks payable to GCYFA.
For more information, visit gcyfa.org.

Grapevine Gazelles Track Team

Our mission is to teach boys and girls ages 5 to 18 about track and field. We promote a fun atmosphere in which to train. Access to track meets will allow experience and the thrill of competition and teamwork.

Ages: 5-18 yrs.

Information & Registration:

coachsuperg@gmail.com

Additional Information: This team competes under USTA, AAU, and TAAF rules.

Venue Alert: The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

Grapevine Baseball Softball Association

Recreational Baseball & Softball

Ages 3-18

Select Baseball ages 8-18 (must attend tryouts and subsequently be selected for a team).

Select Softball ages 10-18 (must attend tryouts and subsequently be selected for a team).

Spring Registration:

Online registration will begin in December at gbsa.org. If registering online, be sure to have credit card available. If mailing registration form with a check, mail to GBSA – Registration, P. O. Box 1732, Grapevine, TX 76099.

Fall Registration: Online registration will begin in June at gbsa.org. If registering online, must pay with credit card. If mailing downloaded registration form and check, address is GBSA – Registration, P. O. Box 1732, Grapevine, TX 76099.

For more information, please visit gbsa.org or contact us at 817.329.5505.

Sign-up for our mailing list at gbsa.org to be informed of registration dates, select tryouts, rainouts, and other important information.

Grapevine Youth Wrestling (GYW)

GYW is the newest association in town. Come out and join them during workouts. They practice on Mondays, Tuesdays and Thursdays in the fall and winter.

Site: GCISD Facilities

Days/Time: Mon., Tue. and Thur., 6:30-8 PM

Coach: Leon Leal

Additional Info: For more information, please contact Leon at 214.536.0004 or atleon@abbaprofessional.com

Grapevine-Southlake Soccer Association



Recreational Soccer for ages 4-18

Fall Season: Late Aug. through mid-Nov.

Spring Season: Late Feb. through early May

Registration: Jun./Jul. for Fall,

Dec./Jan. for Spring

Additional Info: gssasoccer.org, 817.410.9950

Soccer is a sport that focuses on teamwork rather than emphasizing individual performance. Grapevine-Southlake Soccer Association promotes recreational soccer, where children of all abilities and experience levels are encouraged to participate. Teams are coached by volunteer parents and may practice one or two evenings per week (depending on age). A minimum of eight games are played each season, mostly on Saturdays.

Soccer Camp Dates/Times

Mar. 12-15, 9-11:30 AM

Jun. 12-15, 9-11:30 AM

Jul. 12-15, 9-11:30 AM

Jul. 30-Aug. 2, 9-11:30 AM

Site: Oak Grove Park

Fee: \$100

NEW-GSSA is offering Adult Leagues!

ADULT SPORTS

Men's Basketball

Days/Divisions/Codes:

Mon.	Recreational	611200
Tue.	35 & Over	611300
Wed.	Recreational	611400
Thur.	For Fun	611500

Game Site: Cross Timbers Middle School
(CTMS), 2301 Pool Road

Ages: 16 yrs. & up

– Spring (Section 12)

Registration: Mar. 18-25

Late Registration: Mar. 26-Apr. 2*

Fee Per Team: \$340

Team Packets: Available Apr. 5, after 12 PM

Season Dates: Apr. 9-Jun. 21

– Summer (Section 13)

Registration: Jun. 10-17

Late Registration: Jun. 18-25*

Fee Per Team: \$300

Team Packets: Available Jun. 28, after 12 PM

Season Dates: Jul. 2-Aug. 22 (7 wk. season)

Indoor Volleyball (Section 12)

Divisions/Codes:

Mon.-Coed "Competitive", 611204
Wed.-Coed "For Fun", 611404
Thur.-Coed "Recreational", 611504

Site: Cross Timbers Middle School

Ages/Fee: 16 yrs. & up/\$155 per team

Registration: Jan. 29-Feb. 5

Late Registration: Feb. 6-13*

Team Packets: Available Feb. 16, after 12 PM

Season Dates: Feb. 20-Apr. 5

Indoor Volleyball (Section 13)-NEW

Ages/Fee: 16 yrs. & up/\$155

Day/Code: Tue., 611204

Division: Tue.-Coed Open 611204

Site: Cross Timbers Middle School

Registration: Mar. 25-Apr. 1

Late Registration: Apr. 2-9*

Team Packets: Available Apr. 12, after 12 PM

Season Dates: Apr. 17-Jun. 12

Venue Alert: The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

Softball

Divisions/Codes/Fees:

Sun.	Coed For Fun	611101	\$170
	Men's D	611102	\$320
	Men's E	611104	\$320
	Men's Super D	611105	\$320
Mon.	Coed Rec.	611201	\$320
	Coed Comp.	611202	\$320
Tue.	Men's Church Rec.	611301	\$320
	Men's D	611303	\$320
Wed.	Men's D	611401	\$320
	Men's E	611402	\$320
	Men's Super E	611406	\$320
Thur.	Men's Super D	611501	\$320
	Men's D	611502	\$320
Fri.	Coed Rec.	611600	\$320
	Men's E	611601	\$320

Game Site: Oak Grove Ballfield Complex
(2520 Oak Grove Loop South)

Ages: 16 yrs. & up

– Spring (Section 11)

Registration: Jan. 29-Feb. 5

Late Registration: Feb. 6-13*

Team Packets: Available Feb. 16, after 12 PM

Season Dates: Feb. 19-Apr. 29

– Summer (Section 12)

Registration: Apr. 15-22

Late Registration: Apr. 23-30

Team Packets: Available May 4, after 12 PM

Season Dates: May 20-Aug. 3

– Fall (Section 13)

Registration: Jul. 15-22

Late Registration: Jul. 23-30

Team Packets: Available Aug. 2, after 12 PM

Season Dates: Aug. 19-Oct. 26



ADULT SPORTS

Flag Football

– Spring 4 on 4 (Section 12)

Registration: Feb. 19-26

Late Registration: Feb. 27-Mar. 5*

Code/Day: 611302/Tue.

Fees: \$235 per team

Team Packets: Available Mar. 8, after 12 PM

Season Dates: Mar. 13-May 1

– Spring 8 on 8 (Section 13)

Registration: Feb. 26-Mar. 4

Late Registration: Mar. 5-12*

Day/Code: Sun., 611103

Fees: \$315 per team

Team Packets: Available Mar. 15, after 12 PM

Season Dates: Mar. 18-May 20

Sand Volleyball

Days/Divisions/Codes:

Mon.-Coed "Competitive", 611203

Tue.-Coed "Family Fun", 611304

Wed.-Coed "For Fun", 611403

Thur.-Coed "Recreational", 611503

Site: Dove Park Sand Court, 1509 Hood Lane

Ages/Fee: 16 yrs. & up/\$150 per team

– Spring (Section 11)

Registration: Mar. 25-Apr. 1

Late Registration: Apr. 2-9*

Team Packets: Available Apr. 12, after 12 PM

Season Dates: Apr. 16-Jun. 28

(10 week season)

– Summer (Section 12)

Registration: Jun. 17-Jun. 24

Late Registration: Jun. 25-Jul. 2*

Team Packets: Available Jul. 5 after 12 PM

Season Dates: Jul. 9-Sept. 20

(10 week season)

Coed Kickball-NEW

Game Site: Oak Grove Softball

(OGSB), 2700 Dove Loop Lane

Ages: 16 yrs. & up

Days/Divisions/Code:

Mon., Coed Recreational, 611701

– Spring (Section 11)

Registration: Jan. 28-Feb. 5

Late Registration: Feb. 6-13*

Fee: \$320

Season Dates: Feb. 20-Apr. 30

Team Packets: Available Feb. 15, after 12 PM

– Summer (Section 12)

Registration: Apr. 15-22

Late Registration: Apr 23-30*

Fee: \$320

Season Dates: May 21-Jul. 30

Team Packets: Available May 4, after 12 PM

Adult Athletics Staff: 817.410.3450

Rainout Hotline: 817.410.3475 after 3:30 PM

For schedules and standings:

playgrapevine.com

Registration Information: Space is limited.

First come, first served!

*Late Registration Fee: All adult leagues are

subject to a 10% late registration fee.

SPRING & SUMMER CAMPS

→ REGISTRATION BEGINS JAN. 29, 2012

ART CAMPS

Tap into your child's creative side! This series of camps teaches your child a wide variety of skills and crafts from painting to creating chocolate delights. Attend them all! **Note: All students will need to bring a smock, light snack and a drink to class.**

Ages: 6-12 yrs.

Day/Date: Mon.-Fri., 2-4 PM

Fee: \$125 (includes supplies)

Instructor: Elizabeth Mellot

Fashion Diva

This camp will cover the elements of fashion including clothing design, fashion illustrations, product construction and more. Projects include a decorated scarf, tie-dye shirt, bottle cap necklaces, jewelry box, flower hair clips and a personalized visor. Please bring a light colored cotton shirt to tie-dye. All other materials are supplied.

Dates/Code: Jul. 9-13, 703905-05

Everything Chocolate

In this camp you will become skilled in making and decorating chocolates and dropped chocolates. You will create and decorate filled chocolates, dipped chocolates and dropped chocolates. You will create edible art pieces including: peanut butter cups, coconut hay stacks, peanut drops, chocolate sculptures, flavored chocolates, bon-bons, petite fours, and more.

Dates/Code: Jul. 23-27, 703901-06

Painting

This camp teaches you how to effectively use water-color and acrylic paints, using both traditional and alternative techniques. You will learn to paint landscapes, sunsets, portraits, and more. Each day will include two projects, the first one will be directed by the instructor, and the second will be a free design using the techniques taught that day. Please dress appropriately-acrylic paints are permanent!

Dates/Code: Aug. 6-10, 703903-06

Sparks Soccer Camp

Depending on the age group, this exciting sports camp will feature learning (younger kids) or refining soccer (older kids) skills through fun games and drills. Each day's camp will conclude with a mock game.

Ages/Times/Codes/Fees:

3-4 years old, 8:30-10AM, 710900-11, \$65

5-7 years old, 10:30-12:30 PM, 710900-12, \$75

Days/Dates: Mon.-Thur., June 11-14

Location: 1175 Municipal Way, (Field behind CAC)

Instructor: Soccer Sparks Academy

Lego Mania

These innovative camps for Lego buffs, provides opportunities for the imagination and hands-on learning under the guidance of a certified educator. Over 15 new games, projects and activities not found in stores will be planned and manipulated. "Zillions" of pieces ensure that there is always enough for everyone.

Ages: 5-7 yrs.

Days/Dates: Mon.-Fri., Jul. 16-20

Fee: \$100

Times/Codes: 9-11 AM, 703906-05

11:30AM-1:30 PM, 703910-05

2-4 PM, 703909-05

Instructor: Fastforward Kids

Lego Logo

Lego Logo brings young technicians, into the creative, high-tech engineering environment. Not found in stores, the special kits provide extraordinary opportunities for the hands-on construction. Along with the detailed technical plans to follow, the kit also includes motors, lights, touch sensors, drive chains, special Lego components and more! Under the guidance of a certified educator, the participant will build robots, traffic lights, race cars, 4X4 trucks, cranes, pulleys, levers and more during this energized week of discovery with Lego.

Ages: 8-12 yrs.

Days/Dates/Fee: Mon.-Fri., Jul. 16-20, \$100

Times/Codes: 9-11 AM, 703907-05

11:30-1:30 PM, 703908-05

2-4 PM, 703911-05

Instructor: Fastforward Kids

MAD SCIENCE CAMPS

Ages: 6-10 yrs.

Days: Mon.-Fri.

Times: Half Day (9 AM-12 PM)

Forensics Lab a la CSI-NEW

Children take part in CSI style forensics in this hands-on look at crime scenes. Identify and collect evidence from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Campers will use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing.

Dates/Code: Jun. 11-15, 703918-05

Fee: \$155

Rocket Ride to Space

Blast-off your knowledge of aerodynamics and flight! This camp is an intense, exciting study on rockets. Campers build their very own rockets and planes. They experiment with different kinds of propulsion systems and they definitely launch and recover rockets! Each day of camp includes activities where campers create amazing things to take home with them.

Dates/Code: Jun. 18-22, 703912-05

Fee: \$155

Robot Mania 2012

Learn all about the use of robotics in our world today and how technology will continue to affect our future! Campers will check out sound sensing robots, line-tracking robots, amphibious robots, and even robots that play soccer. They will delve into the science of circuits and sensors. Over the course of the camp, they will build their very own working robot to take home!

Dates/Code: Jul. 9-13, 703913-05

Fee: \$180

Mad Science All-Stars Camp

Your child has been selected to participate on the Mad Science All-Star team! Together with your teammates, you will build super structures, create a volcanic eruption and examine rocks formed from volcanic magma. Soar high above as you build a kite and glider and experiment with lift, aerodynamics and air pressure. Discover the secret behind the stars and make a star chart. Take home projects include: magnetic soccer game, rocket racer, star locator, kite, animal track, crystal garden and more!

Dates/Code: July 30- Aug 3, 703914-06

Fee: \$155

CAC Spring Break Camp

Looking for some fun on your Spring Break? You have found it at the CAC Spring Break Day Camp! The Kids will participate in supervised activities such as basketball, dodgeball, scavenger hunts, tournaments and team building exercises. Space is limited.

Ages/Dates: 7-12 yrs., Mar. 12-16,

Fee: \$150

Time/Code: 8 AM-6 PM, 703933-03

Additional Info: Campers must bring a sack lunch. Daily snacks/drinks will be provided. A maximum of six HERO participants are allowed. Campers should not be dropped off before 7:45 AM.

CAC Summer Camp

This is the best way to spend your summer. Campers are led in activities planned for them each week. Campers will be taken on an offsite field trip* twice a month. The three sessions offered coincide with the GCISD School summer break. Two classes per session, meet five times per week (M-F). Get ready for the best summer ever!

Ages: 7-12 yrs.

Sessions/Dates/Fees: 06, Jun. 4-29, \$170
07, Jul. 2-31, \$170
08, Aug. 1-17, \$160

Times/Codes: 8 AM-12:30 PM, 703924
1:30-6 PM, 703925

Note: *The field trip cost and camp t-shirt fee is not included in the camp fee. Camp t-shirts are \$8 per shirt and will be sold during camp. Camp t-shirts are required to attend field trips. A maximum of three HERO candidates allowed per session. Campers must bring a sack lunch if staying the entire day. Daily snacks and drinks will be provided. Campers should not be dropped off before 7:45 AM.

RARE Learning Go-Getter's Summer Enrichment Program 1st to 4th grade

With a strong focus on individualized curriculum in reading, math and science, RARE classes are geared towards giving students a head start in the grade level that they are entering, and helping to prevent summer learning loss.

Ages: 6-9 yrs.

Day/Time: Tue. & Thur., 1-4 PM

Codes/Times/Fees:

709471, 1-4 PM, \$185

709472, 1-3 PM or 2-4 PM, \$139

Sessions/Dates: (06) Jun. 5-28, (07) Jul. 3-26

Additional Info: \$5 supply fee per month payable to the instructor, due first day of each session.

Please bring a snack. For more information or to inquire about our sibling and referral discounts, please call 972.567.1771 or email info@rarelearning.com

Dance Camp-NEW

Let's Dance! Spend a week with Lifesong's professional dance instructors exploring a variety of dance styles including Hip Hop, Jazz and Contemporary. Designed for dancers with little or no previous experience. Camps end with a "show off" of everything learned for parents and friends.

Ages: 8-12 yrs.

Days/Dates/Time/Code:

Mon.-Fri., Jun. 25-29, 2-4 PM, 703935-05

Ages: 12 yrs. & up

Days/Dates/Time/Code:

Mon.-Fri., Jul. 30-Aug. 3, 2-4 PM, 703936-06

Fee: \$125

Instructor: Lifesong Studio

Additional Info: Wear comfortable clothing (shorts and a t-shirt) and bring socks, tennis shoes and dance shoes if you have them. Dance shoes are not required.

Film-Making Camp

This five day summer workshop teaches participants digital video filming, digital editing and digital production techniques. It is designed to generate an interest in critical observation and communication by engaging in film making projects. Students will learn on-air confidence, reading comprehension, scientific approach, research skills, writing skills, production/editing skills and computing skills. RARE Learning will offer instruction, supporting materials such as camera, lighting and computer equipment for the camp.

Ages: 9-15 yrs.

Dates/Time/Code:

Jul., 23-27, 9 AM-12 PM, 703915-06

Fee: \$145

Instructor: RARE Learning

Camp ENGAGE-NEW

During the innovative Club Invention program **ENGAGE**, children win a research trip to Trash Island where they are faced with ocean research challenges and environmental issues in **Trash Island: A Garbage Patch Journey™** and travel to the distant fantasy planet of ROG to uncover and identify its mysteries in **Passage to Planet ROG™**. Designed for children entering grades one through six, the exciting Club Invention program is a four-day adventure in creativity that immerses its participants in engaging, hands-on activities in science, technology, engineering, and math (STEM), as well as history and the arts. The **ENGAGE** program provides an opportunity to explore the unknown, tinker with ideas, and satisfy an innate sense of curiosity.

Ages: 6-12 yrs.

Days/Dates/Time:

Mon.-Thur., Jun. 25-28, 9AM-12 PM

Fee/Code: \$145, 703916-05

Instructor: Camp Invention

Camp REALIZE-NEW

During the innovative Club Invention program **REALIZE**, children are challenged to brave the fury of the open seas in an effort to locate hidden Viking treasure in **Viking Treasure Trek: The Quest Begins™** and build a land sled using recyclable materials to race in an extreme obstacle course in **Land Sled X-Treme™**. Designed for children entering grades one through six, the exciting Club Invention program is a four-day adventure in creativity that immerses its participants in engaging, hands-on activities in science, technology, engineering, and math (STEM), as well as history and the arts. The **REALIZE** program provides an opportunity to explore the unknown, tinker with ideas, and satisfy an innate sense of curiosity.

Ages: 6-12 yrs.

Days/Dates/Time:

Mon.-Thur., Aug. 6-9, 9AM-12 PM

Fee/Code: \$145, 703917-06

Instructor: Camp Invention

Video Game Design-NEW

This camp provides a fun, interactive look at the world of video game design and development. Learn the basics of video game design and produce several different interactive video games to share with your friends and family.

Ages: 10-17 yrs.

Days/Dates: Mon.-Thur., July 9-12

Time/Code: 1-4 PM, 703921-05

Fee: \$175

Instructor: Youth Tech Inc.

Additional Info: youthtechinc.com

Animation-NEW

Learn the basics of animation and digital design and those who enjoy fun, interactive animations, will love this course. This camp will utilize Adobes award winning animation software in Adobe Flash. Students will create fun, interactive animations that they can share with the world.

Ages: 10-17 yrs.

Days/Dates: Mon.-Thur., July 16-19

Time/Code: 1-4 PM, 703922-05

Fee: \$165

Instructor: Youth Tech Inc.

Additional Info: youthtechinc.com

Spring Break Rock Climbing Camp

Team building exercises, and rental of all gear.

Ages/Dates: 7-15 yrs., Mar. 12-16

Fee/Time: \$99, Full Week, 9 AM-1 PM

Code: 703970-11

Summer Rock Climbing Camp

Kids will participate in a variety of games and activities. Campers will do our platform jump and big swing. We teach climbing basics, safety, climbing techniques, and different types of climbing.

Bring a lunch Monday through Thursday.

We provide free pizza and drinks for lunch on Friday.

Ages/Time/Fee: 7-15 yrs., 9 AM-1 PM, \$149

Days/Code: Mon.-Fri. (Full week), 703955

Session	Date	Session	Date
11	Jun. 18-22	15	Jul. 23-27
12	Jun. 25-29	16	Jul. 30-Aug.3
13	Jul. 9-13	17	Aug. 6-10
14	Jul. 16-20		

Summer Rock Climbing "Super Camp"

After our regular Summer Climbing Camp, Super Campers will get to enjoy a field trip in the afternoon from 1-5 PM. Activities include: a trip to a water park, laser tag, bowling, Go Karts, video games, Mini Golf, and more! **Bring a lunch Monday through Thursday. We provide free pizza and drinks for lunch on Friday.**

Ages/Time/Fee: 7-15 yrs., 9 AM-5 PM, \$299

Days/Code: Mon.-Fri. (Full week), 703956

Session	Date	Session	Date
11	Jun. 18-22	15	Jul. 23-27
12	Jun. 25-29	16	Jul. 30-Aug.3
13	Jul. 9-13	17	Aug. 6-10
14	Jul. 16-20		

972.741.9169

ATKids Adventure Day Camps

Camp	Dates	Times	Ages	Contact	Site	Fee
Spring Break Day Camp	Mar. 12-16	9 AM-4:30 PM	4-13 yrs.	972.741.9169	Meadowmere Park, Lake Grapevine	\$225
Summer Day Camps	May 29-Aug. 24	9 AM-4:30 PM	4-13 yrs.	972.741.9169	Meadowmere Park, Lake Grapevine	\$225 per week

Camp duration is one week, early and late drop-off/pick up available. Fee includes snacks, drinks, materials, t-shirt, cup and photo CD. For registration and more information, visit adventuredaycamps.com or contact Jennifer Petterson at 972.741.9169.

900 Volleyball Camps

Camp	Dates	Times	Ages	Code	Site	Fee
Volleyball Camp	Aug. 7-10	9-11:30 AM	4th-6th graders	603908-11	GCISD Facilities	\$120
Volleyball Camp	Aug. 7-10	1:30-4 PM	7th & 8th graders	603909-11	GCISD Facilities	\$120

All Players receive a camp t-shirt! Please register prior to July 31, to ensure you receive a camp t-shirt. All-Skills Volleyball Camp. Players will learn/review proper techniques for all-skills needed to be a successful volleyball player. Camp instructors are all IMPACT certified and have played or coached volleyball at the collegiate level. Camp will be fast paced to maximize instruction & reps. Players will be grouped according to age level and skill level. The last hour of each camp will include 6-on-6 play. Parents are encouraged to attend. Players need to bring kneepads, water, and an extra pair of long socks. For more information on the coaching staff, visit 900vb.com

972.672.4018

Sailing Camps

grapevinejuniorsailing.org

Camp	Dates	Times	Ages	Code	Site	Fee
Day Camp for Young Sailors	Jun. 4-15 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-10	Scott's Landing Marina, Lake Grapevine	\$450
Day Camp for Young Sailors	Jun. 18-29 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-11	Scott's Landing Marina, Lake Grapevine	\$450
Day Camp for Young Sailors	Jul. 2-13 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-12	Scott's Landing Marina, Lake Grapevine	\$350

Campers will learn the joy of sailing. We will teach them the basics of how to sail as well as the parts and proper care of a boat. The sessions have been developed to accommodate all levels of students. From beginners with no experience to kids that have taken the camp previously. Campers should bring a U.S. Coast Guard approved life jacket. Sign up for the July Camp and save. Campers may sign up for multiple camp sessions.

Race Camp for Optimist Sailors	Jun. 4-15 (two wks.) (M-F)	9 AM-4 PM	7-14 yrs. (Children weighing under 110 pounds)	703945-11	Scott's Landing Marina, Lake Grapevine	\$450
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Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Optimist Sailboat. Campers should have completed at least one session of the Recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. (Call for more details).

Race Camp for Laser/420 Sailors	Jun. 18-29 (two wks.) (M-F)	9 AM-4 PM	12-16 yrs. (Children weighing over 110 pounds)	703946-11	Scott's Landing Marina, Lake Grapevine	\$450
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Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Lasers and 420's. Campers should have completed at least one session of the Recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. (Call for more details).



SPRING & SUMMER CAMPS

REGISTRATION BEGINS JAN. 29, 2012

Higher Goals Basketball Camp

Camp	Dates	Time	Age	Code	Site	Fee
Basketball Camp	Jun. 25-29 Jul. 23-27	9 AM-12 PM	7-16 yrs.	603921-11 603921-12	GCISD Facilities	\$150

Camp featuring: 11-year NBA player Greg Buckner and former/current professional and college players!

Camp schedule will include: daily detailed work in ball handling, shooting, rebounding, defense and passing. Camp will include daily life skills and basketball 101 sessions. Camp awards given out!

817.481.2726

Tennis

Camp	Dates	Times	Ages	Code	Site	Fee	Additional Information
Pee Wee	Mon.-Thur.	10 AM - 10:25 AM	4-7 yrs.	703950	Dove Tennis Courts	\$20	Designed to create eye/hand coordination while learning basic techniques.
Junior Beginner	Mon.-Thur.	10:30 AM - 11:55 AM	6-15 yrs.	703951	Dove Tennis Courts	\$70	Designed to teach all basic strokes in a fun, easy-to-learn manner.
Junior Beginner Tennis and Swim	Mon.-Thur.	10:30 AM - 1:25 PM	6-15 yrs.	703952	Dove Tennis Courts	\$90	Includes one and a half hours tennis instruction, a half hour lunch and one hour at Dove pool. Bring a sack lunch and swim suit each day.
Junior Adv. Beginner/Intermediate	Mon.-Thur.	8:30 AM - 9:55 AM	6-15 yrs.	703953	Dove Tennis Courts	\$70	Designed for students with prior instruction. Technique and strategy will be stressed.
Tournament Tough	Mon.-Thur.	8:30 AM - 9:55 AM	8-18 yrs.	703957	Dove Tennis Courts	\$70	Junior Varsity/Varsity level players
TNT Select	Wed. & Thur. Only	1 -2:30 PM	12-18 yrs.	703960	Dove Tennis Courts	\$35	Varsity level players/Qualified players

Tennis Camp Session Dates:

Session	Dates	Session	Dates
11	Jun. 4-7	16	Jul. 16-19
12	Jun. 11-14	17	Jul. 23-26
13	Jun. 18-21	18	Jul. 30-Aug. 2
14	Jun. 25-28	19	Aug. 6-9
15	Jul. 9-12	20	Aug. 13-16

Note: Any rainouts will be made up on Friday. All tennis students need to bring a racquet and unopened can of balls to the first day of camp.

817.410.3470

Integrity Basketball Camp

playgrapevine.com

Camp	Dates	Times	Ages	Code	Site	Fee	Additional Information
Coed Basketball Camp	Jul. 9-12	1-4 PM	8-11 yrs.	603920-11	CAC 1175 Municipal Way	\$80	Camp Featuring: Brock Pembleton Campers will have fun while learning the game of basketball. Instructors will focus on fundamentals, as well as offensive/defensive skills and strategies. Integrity Characteristics: Discipline, Reliability, Honesty, Determination, Attitude.

Botanical Gardens

Children's Programs

(All classes taught by the Grapevine Garden Club and City of Grapevine Horticulturist)

Site: Grapevine Botanical Gardens Pewitt Pavilion, 411 Ball Street

Fee: \$5

A Rose In The Garden

We'll plant miniature roses in special planters that you've decorated! Planters, rose plants and soil provided. This session includes a story time, and a take home garden activity.

Ages: 3-6 yrs.

Day/Date/Time/Code: Tue., Feb. 21, 4-4:45 PM, 304705-02

Seeds Of Wisdom

Seeds contain a tiny plant within them! In this class you will be able to see them up close as the roots and leaves begin to develop. This session includes a story time and a seed art craft activity.

Ages: 3-6 yrs.

Day/Date/Time/Code: Tue., Mar. 20, 4-4:45 PM, 304706-03

Crystal Explosion

Learn about molecules and how they form. Find out what precipitation and evaporation mean. Students make a hands-on take home experiment that forms crystals.

Ages: 7 yrs. & up

Day/Date/Time/Code: Tue., Mar. 20, 5-6 PM, 304711-03

Bluebells

Make art from already "used" items. Make a plant rooter complete with plants to roots. This session includes a story time.

Ages: 3-6 yrs.

Day/Date/Time/Code: Tue., Apr. 17, 4-4:45 PM, 304707-04

May Flower Fun

Create paper flowers, and cup flowers, and then we will plant them. This session includes a story time and craft activity.

Ages: 3-6 yrs.

Day/Date/Time/Code: Tue., May 15, 4-4:45 PM, 304708-04

Who's Buggin' You

Look at live bugs through hand lenses, learn about their life cycle, and then create bug art. This session includes a story time and craft activity.

Ages: 3-6 yrs.

Day/Date/Time/Code: Tue., Jun. 19, 4-4:45 PM, 304709-05

Insta-Pets

These pets can swim, will stay in their tank, don't get too big, and only have to be fed every couple of weeks. Hatch them and they live for 2-8 months. Students make a hands-on take home experiment that swims upside down.

Ages: 7 yrs. & up

Day/Date/Time: Tue., Jun. 19, 5-6 PM, 304712-05

Sunflower Shower

Sunflowers live from seed to seed in only one season. They are beautiful and the seeds are roasted into great snacks. Learn more about them and their life cycle. This session includes a story time and craft activity.

Ages: 3-6 yrs.

Day/Date/Time/Code: Tue., Jul. 17, 4-4:45 PM, 304710-06

Ooey Gooley Slime

Stretch it! Break it! Bounce it! Learn about molecules, polymer and elasticity. Students make a take home experiment that has a formula for stretch.

Ages: 7 yrs. & up

Day/Date/Time: Tue., Jul. 17, 5-6 PM, 304713-06

National Public Gardens Day

Join us in celebrating the Grapevine Botanical Gardens at Heritage Park's role in awareness for America's Public Gardens and the part they play in promoting environmental stewardship and awareness, plant and water conservation, and education in communities nationwide.

Highlights include workshops, youth activities, and art in the Garden. Also new this year, **The Grapevine Garden Club will have their annual Plant Sale in the Garden from 8 AM to 1 PM.** Parking for these events is in the far south Garden parking lot.

For more information, please call Lisa Adams Grove, 817.410.3350.

Date/Time: May 12, 10 AM-6 PM

Location: Botanical Gardens at Heritage Park, 411 Ball Street

Greenhouse Project

Please join the Grapevine Garden Club in partnering with the City of Grapevine to raise funds, matching funds, and obtain grants to build a Greenhouse at the Grapevine Botanical Gardens at Heritage Park. For more information, visit grapevinegardenclub.com and click on Greenhouse Project.

AQUATICS

Dove Pool

817.410.8140 • 1509 Hood Lane

Weekly Special Program Hours

Lap Swim: 7:30-9:30 PM (2 lane ropes provided)

Dove Pool: Mon. & Wed.

Pleasant Glade Pool: Tue. & Thur.

Family Night: 7:30-9:30 PM

For family fun, you may bring pool toys. Children must be accompanied by an adult.

Dove Pool: Tue. & Thur.

Pleasant Glade Pool: Mon. & Wed.

Admission

General Admission: \$2 per person

Punch Pass: \$40 for 25 admissions

Family Season Pass: \$100

Individual Season Pass: \$50

Children (under 24 months) with parent: FREE

Adults age 16 & older must accompany children age 9 and under.

ANYONE ENTERING THE FACILITY MUST PAY ADMISSION.

Pleasant Glade Pool

817.410.8137 • 1805 Hall Johnson

Aquatics Season Pass

- May be purchased at Community Activities Center
- Family (\$100), Individual (\$50)
- Unlimited access to both pools
- Valid for all special events
- Everyone over 24 months must have their photo taken for their season pass
- For additional information, please call 817.410.3450.

Pool Rentals

Dove and Pleasant Glade Pools are available before/after hours for organization and group swim party rentals. Pools may be reserved for swim parties June 2-Aug. 26. Applications must be submitted at least two weeks in advance. Prices vary by attendance. For information and reservations, please call 817.410.3471. Dove rentals start at \$75 per hour. Pleasant Glade rentals start at \$100 per hour.

Rental Hours:

Friday 7:30-9:30 PM

Saturday 7:30-9:30 PM

Sunday 9:30-11:30 AM & 6:30-8:30 PM

2012 Open Swim Schedule

May

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Jun.



S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Jul.


S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Aug./Sept.

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

 = 10 AM-7 PM  = 12 PM-5 PM & 7:30 PM-9:30 PM

 = 1 PM-6 PM  = 10 AM-6 PM

 = 12 PM-5 PM

 = Doggy Dive-In 10 AM-2 PM

Special Events *All special events will be held at both aquatics facilities, unless otherwise noted.*

Event	Days	Time	Admission	
Bahama Blast (Dove Pool only)	Jun. 22	7:30-9:30 PM	\$5	Enjoy your favorite island activities. Bring your grass skirt and drift off to an evening in paradise.
Dive-In Movie (Pleasant Glade Pool only)	Jul. 27	8-10:30 PM	\$5	Float away with movie magic or splash around with friends while enjoying the show on our outdoor big screen.
Doggie Dive-In (Pleasant Glade Pool only)	Sept. 8	10 AM-2 PM	\$5/dog	Bring your dog for a dive! Must register in advance. Please see page 42 for more information.



AQUATICS SWIMMING LESSONS

Learn to Swim Office 817.410.3461

Registration Information

Registration begins Sun., Jan. 29, for Grapevine residents. Non-residents may register beginning Sun., Apr. 1. Residents must show proof of residency, such as a driver's license or Grapevine water bill along with a photo ID. See page 48 for details on how to register for classes.

Observation Policy – To ensure your child's success and limit distractions, parents and visitors are required to stay in the designated seating area. Thunder, lightning and/or heavy rain, pool will be cleared for at least 30 minutes. Timer will restart at each occurrence.

Cancellation/Transfer Fee Policy – Due to the high demand for roster spots and scheduling issues, any cancellations or transfers not initiated by Grapevine Aquatics or an instructor will be assessed an \$8 fee.

Regular, Semi-Privates & Private Lessons – No transfers or cancellations one week before class begins for ALL classes.

Swim Lesson Wait List – If the class is full, please ask to be added to the wait list.

Learn To Swim Course Descriptions

Classes are offered Monday-Thursday (make up days are held on Fridays)

LTS Class (2-week session)

Residents: \$42

Non-residents: \$52

Class Info: The level course descriptions below are skills a participant must perform prior to the end of a session to receive certification for that level. Classes are Monday-Thursday for 30 min./day. In order for class to "make," a minimum of four participants are required. Min: 4 Max: 6 1:6 max ratio

Semi-Private Lessons (2-week session)

Residents: \$67

Non-residents: \$82

Semi-Private Lessons: Smaller class size will allow your child to progress at a faster pace and get more individual attention. Minimum class size: 2 children. Maximum: 3 children. Classes are held Monday-Thursday for 30 min./day. 1:3 max ratio

Private Lessons (1-week session)

Residents: \$100

Non-residents: \$120

Private Lessons: Receive one-on-one attention to enhance instruction of swimming skills for your child. One-week classes are held Monday-Thursday for 30 min./day. Private lessons are held at both pools during regular lesson times. See the registration table on page 34.

1 student and 1 instructor

Any rainouts will be made up on Fridays.

Water Babies

Introduces infants, toddlers and their parents to basic water adjustment and safety through repetitive key words, actions and progressive skills. Playful learning has been proven to produce positive experiences in the water and builds a child's self-confidence as well as a solid foundation for expedient progress. 2 adults per child max.

Fee: \$25 residents, \$32 non-residents

Level: Water Babies (1 Week, Mon.-Thu.) (0-35 months)

- Bubbles and going under
- Entering and exiting the pool safely
- Parent holding positions
- Floats, kicks and arm strokes

Semi-Private Water Tots (18-35 months)

This class is designed for children already comfortable in the water, ready to transition to a group setting, and comfortable being away from parents for 30 minutes. Small class size will use games and songs to build skills while focusing on safety. This class is NOT for children with no previous water experience, those fearful of water or uncomfortable being away from parents. Parents are not allowed to accompany children to class or be in the water.

Max class size is three children.

Fee: \$67 resident, \$82 non-resident

Water Bugs I (starting at 3 years)

All skills are done with support.

- Water adjustment
- Fully submerge face
- Floats and kicks
- Bubbles

Water Bugs II (3 years and up)

Children are encouraged to work independently.

- Breath control
- Flutter kick
- Glides
- Bobble bounce to the side of pool

Tadpole (Level 1) Intro to Swim Skills (starting at 4 years)

- Flutter kick 5 feet
- Front and back glide 5 feet
- Front float 5 seconds

AQUATICS SWIMMING

Guppy (Level 2) Basic Swim Skills (5-6 years)

- Front glide 10 feet
- Back glide 10 feet
- Swim front crawl 10 feet

Minnow (Level 3) Intermediate Swim Skills (6-7 years)

- Front crawl 15 yards with side breathing
- Backstroke 15 yards
- Breaststroke kick 15 yards

Dolphin (Level 4) Advanced Swim Skills (7-8 years)

- Freestyle 25 yards
- Backstroke 25 yards
- Breaststroke 15 yards
- Butterfly 15 yards

Whale (Level 5) Enhanced Swim Skills (8-9 years)

- Freestyle 50 yards (2 laps)
- Backstroke 50 yards
- Breaststroke 25 yards
- Butterfly 25 yards

Shark (Level 6) Expert Swim Skills (9 years & up)

- Freestyle 100 yards with flip turn
- Backstroke 50 yards with flip turn
- Breaststroke 50 yards
- Butterfly 50 yards

Diving I An introduction to formal diving. We will start with the beginning fundamentals of a knee dive and work up to a springboard dive from the diving board. This class is only offered at Dove Pool due to depth requirements.

Diving II A continuation of diving skills. We introduce flips, twists, pike and tuck dives. Students should already be able to do a springboard dive from the diving board.

Starts, Strokes and Turns

Designed for swim team members and those interested in learning swim team style entries into the water, flip turns, open turns and stroke refinement for faster swimming times. This is not a swim skills class.

Concentration will be on:

- Streamline Body Position
- Stances - Track and Grab Starts
- Parts of the Start - Launch, Dive, Breakout
- Double Leg (Dolphin) Kick

Students must be able to swim a 50 freestyle, 25 backstrokes, 25 butterfly on first day of lessons or completed level 5.

Ages: 8 yrs. & up

Participants: Min. 4, Max. 6

Introduction to Snorkel (2 weeks, Mon.-Thu.)

Parents are invited to register and participate with their child. Perfect for the upcoming vacation or to learn a new skill and have fun. Students will learn how to:

- Clear the mask and snorkel
- Swim with equipment on
- Underwater communication with a buddy
- Entry and exit of the water

Equipment rental is included in class price and may only be used in class.

Ages: 8 yrs. & up

Fee: \$67 resident, \$82 non-resident

Min. 4 Max. 6

Jr. Guard (ages 10-14)

Designed to introduce lifeguarding skills and knowledge to advanced swimmers. Participants will be using lifeguard equipment, practicing CPR skills and mock scenarios to prepare for a future of lifeguarding and will receive a student workbook. Please bring a pen, towel and goggles. **Females must wear a one piece swimsuit. This is NOT a lifeguard certification class.**

Prerequisite: Swim 100 freestyle and 100 breaststroke without stopping

Fee: \$70 resident, \$80 non-residents

Swim Lesson Aide (SLA)

Certification

A two-week training experience designed to prepare young swimmers to assist Water Safety instructors in all aspects of swimming lessons. Candidates will focus on stroke and skills practice, administrative duties, equipment management, plus infant and preschool aquatic techniques. For certification, each student is required to be at least 10 years old, pass a Level 4 swim skills test and acquire a minimum of 12 hours of class time. Students are required to attend two of the four swim lessons teach days. After receiving certification, Swim Lesson Aides, age 12-14 are eligible to assist in the LTS program as a volunteer. Those age 15 and older may apply for employment with the City of Grapevine.

Females must wear a one piece swimsuit.

Site/Days: Senior Activities Center (SAC)

Mon. & Tues. (Class Room)

Pleasant Glade Pool, Wed. & Thur.

Dates/Time: May 7, 8, 5:30-7:30 PM

May 9, 10, 5:30-7:30 PM

(Pleasant Glade Pool)

Practice Teaching: May 21-24

Fee: \$42 resident, \$52 non-resident

Code/Session: 531200-10

Water Safety Instructor Certification Class

If you're at least 16 years old and a proficient swimmer, you can become an American Red Cross Water Safety instructor. Learn to teach children and adults to swim, and give water safety presentations. Once certified, you can apply to work for the City of Grapevine as a WSI. WSI candidates should be able to perform all six basic swimming strokes: freestyle, backstroke, elementary backstroke, sidestroke, butterfly and breaststroke.

Dates/Times: Mon., Apr. 30-Fri., May 4, 4-8 PM
Sat., May 5, 10 AM-6 PM

Code: 532000-10

Fee: \$175 (includes all material)

Learn to Swim/Level Placement Testing-FREE

Days/Dates/Location/Times:


Sat., May 19, Pleasant Glade Pool, 9-11 AM

Fri., Jun. 15, Pleasant Glade Pool, 5-6 PM

DOVE POOL

Water Babies (Mom/Dad & Me) Classes are held Mon.-Thurs. for one week. Parent required in pool with child.

Jun. 4-7	Jun. 11-14	Jun. 18-21	Jun. 25-28	Jul. 9-12	Jul. 16-19	Jul. 23-26	Jul. 30-Aug. 2	Aug. 6-9	Aug. 13-16		
5:35 PM 510535-1A	5:35 PM 510535-1B	6:45 PM 510645-2A	6:45 PM 510645-2B	6:10 PM 510610-3A	6:10 PM 510610-3B	6:10 PM 510610-4A		6:10 PM 510610-5A			
Level		Session 11 Jun. 4-14		Session 12 Jun. 18-28		Session 13 Jul. 9-19		Session 14 Jul. 23-Aug. 2		Session 15 Aug. 6-Aug.16	
Semi-Private Water Tots		10:35 AM 518103 5:35 PM 518535 6:45 PM 518645		10 AM 518100 11:10 AM 518110 6:10 PM 518610		5:35 PM 518535 6:45 PM 518645		11:10 AM 518110 5:35 PM 518535			
Semi-Private Preschool Water Bugs		10 AM 519100 11:10 AM 519011 6:10 PM 519610		10 AM 519100 11:10 AM 519110 5:35 PM 519535 6:45 PM 519645		10 AM 519100 11:10 AM 519110 5:35 PM 519535 6:10 PM 519645		10:35 AM 519010 6:10 PM 519610	5:35 AM 519535 6:45 PM 519645		
Semi-Private Level 1 Tadpole		10 AM 511100 11:10 AM 511011 5:35 PM 511535 6:45 PM 511064		10 AM 511100 11:10 AM 511011 5:35 PM 511535 6:45 PM 511064		11:10 AM 511011 5:35 PM 511535 6:45 PM 511645		11:10 AM 511011 6:45 PM 511064	5:35 AM 511535 6:45 PM 511064		
Semi-Private Level 2 Guppy		10 AM 512100 11:10 AM 512110 5:35 PM 512535 6:45 PM 512064		10 AM 512100 11:10 AM 512110 5:35 PM 512535 6:45 PM 512064		10 AM 512100 11:10 AM 512110 5:35 PM 512535 6:45 PM 512064		10:35 AM 512135 5 PM 512050	6:10 PM 512610		
Semi-Private Level 3 Minnow		10 AM 513100 10:35 AM 513135 5 PM 513050 6:10 PM 513610		10 AM 513100 5 PM 513050 6:10 PM 513610		10 AM 513100 5 PM 513050 6:10 PM 513610		11:10 AM 513110 6:10 PM 513610	6:10 PM 513610		
Semi-Private Level 4 Dolphin		10:35 AM 514013 6:10 PM 514061		10:35 AM 514013 5 PM 514050 6:10 PM 514061		10:35 AM 514013 5 PM 514050 6:10 PM 514061		10:35 AM 514013 6:10 PM 514061	5:35 PM 514535		
Semi-Private Level 5 Whale		10 AM 515100 5:35 PM 515535		11:10 AM 515110 6:10 PM 515061		11:10 AM 515110 6:10 PM 515061		6:45 PM 515064	6:45 PM 515064		
Semi-Private Level 6 Shark				10:35 AM 516013 5:35 PM 516053		10:35 AM 516013 5:35 PM 516035		6:10 PM 516610	6:10 PM 516610		
Semi-Private Adult		6:10 PM 517610						6:45 PM 517645			
Preschool Water Bugs I		10:35 AM 519135 6:45 PM 519064		10:35 AM 519135 6:10 PM 519061		6:10 PM 519061					
Preschool Water Bugs II		11:10 AM 508011 5 PM 508500		10:00 AM 508100 5:35 PM 508535		10:35 AM 508103 6:45 PM 508645		5:35 PM 508535			
Level 1 Tadpole		10:35 AM 511035 5 PM 511500 6:10 PM 511061		11:10 AM 511110 5 PM 511500 6:45 PM 511645		10:35 AM 511035 5:35 PM 511053		10 AM 511001 6:45 PM 511645			



Level	Session 11 Jun. 4-14	Session 12 Jun. 18-28	Session 13 Jul. 9-19	Session 14 Jul. 23-Aug. 2	Session 15 Aug. 6-Aug. 16
Level 2 Guppy	10:35 AM 512035 6:10 PM 512061	10 AM 512010 5:35 PM 512053	10 AM 512010 6:45 PM 512645	6:10 PM 512061	
Level 3 Minnow	5:35 PM 513535 6:45 PM 513645	10:35 AM 513035 6:45 PM 513645	11:10 AM 513011 5 PM 513500	10 AM 513010 5 PM 513500	
Level 4 Dolphin	6:45 PM 514645	10:35 AM 514103 5:35 PM 514053	6:45 PM 514645	10 AM 514100 5:35 PM 514053	
Level 5 Whale		6:10 PM 515610	10 AM 515010	5:35 PM 515053	
Level 6 Shark			6:10 PM 516010	6:10 PM 516010	
Diving 1	11:10 AM 538110	5 PM 538050		5:35 PM 538535	
Diving II				5 PM 538500	
Jr. Guard		5 PM 533500	10:35 AM 533103	6:10 PM 533610	
Snorkel	6:10 PM 537061	10:35 AM 537103	6:10 PM 537061		

Aquatic Fitness

Deep Water Dynamics

This program offers you overall aerobic fitness, endurance, flexibility and promotes muscle strength. Flotation noodles are provided. Minimal swimming skills and water comfort are needed. You have the option of doing this class in the shallow end of the pool. For all fitness levels.

Water Aerobics/Wellness & Weight Management

Increase flexibility, range of motion and metabolic rate with water exercise. Help eliminate extra pounds, and improve knee and back issues. Learn how to energize and maximize your health in a fun environment. Strength training and abdominal work are included in this workout. For all fitness levels. Swimming skills not necessary.

Aqua Pilates/Power Sculpting

Enjoy the benefits of Pilates in the comfort of the water. Elongate muscles, strengthen your core, power walk and sculpt. Focus on abs, thighs, upper body, balance, flexibility and posture. For all fitness levels. Swimming skills not necessary.

Classes offered at Dove Pool

Class	Time	Session Dates	Days	Fee	Code
Water Aerobics	8-8:50 AM	20: (5 wks) Jun. 4-Jul. 11 No class Jul. 2&4	M, W	\$45	533008
	8-8:50 AM	21: (5 wks) Jun. 16-Aug. 15	M, W	\$45	533008
Aqua Pilates	8-8:45 AM	20: Jun. 9-Aug. 11	Sat.'s	\$50	533009
Deep Water Dynamics	6:45-7:30 PM	20: (5 wks) Jun. 4-Jul. 11 No class Jul. 2&4	M, W	\$45	532630
	6:45-7:30 PM	21: (5 wks) Jul. 16-Aug. 15	M, W	\$45	532630

* Bev Gamon and her staff return for another summer of aquatic fitness.
Call Bev at 817.649.SWIM for additional information or evening shallow water classes.

PLEASANT GLADE POOL

Water Babies (Mom/Dad & Me) Classes are held Mon.-Thurs. for one week. Parent required in pool with child.

Jun. 4-7	Jun. 11-14	Jun. 18-21	Jun. 25-28	Jul. 9-12	Jul. 16-19	Jul. 23-26	Jul.30-Aug. 2	Aug. 6-9	Aug. 13-16
6:45 PM 520645-1A	6:45 PM 520645-1B		6:10 PM 520610-2B	6:45 PM 520645-3A	6:45 PM 520645-3B	10:35 AM 520505-4A		6:10 PM 520610-5A	

Level	Session 11 Jun. 4-14	Session 12 Jun. 18-28	Session 13 Jul. 9-19	Session 14 Jul. 23-Aug. 2	Session 15 Aug. 6-16
Semi-Private Water Tots	10 AM 520010 6:45 PM 520064	11:10 AM 520011 5 PM 520050 6:45 PM 520064	10:35 AM 520013 6:10 PM 520061	11:10 AM 520011 5:35 PM 520053	
Semi-Private Preschool Water Bugs	10 AM 529010 11:10 AM 529110 5 PM 529050 6:10 PM 529610	10 AM 529010 5:35 PM 529535 6:10 PM 529610 6:45 PM 529645	10 AM 529010 5 PM 529050 6:45 PM 529645	10 AM 529010 5:35 PM 529535 6:45 PM 529645	5:35 PM 529535 6:45 PM 529645
Semi-Private Levels 1 Tadpole	10:35 AM 521035 11:10 AM 521110 6:10 PM 521610 6:45 PM 521645	10:35 AM 521035 11:10 AM 521110 5 PM 521050 6:10 PM 521610	10 AM 521010 5 PM 521050 6:10 PM 521610	10 AM 521010 6:10 PM 521610 6:45 PM 521645	5:35 PM 521535 6:45 PM 521645
Semi-Private Levels 2 Guppy	10 AM 522001 5 PM 522050 6:10 PM 522610	10:35 AM 522035 5 PM 522050 6:10 PM 522610 6:45 PM 522645	11:10 AM 522110 5:35 PM 522535 6:45 PM 522645	11:10 AM 522110 5:35 PM 522535	6:10 PM 522610
Semi-Private Levels 3 Minnow	10:35 AM 523035 5:35 PM 523535 6:10 PM 523610 6:45 PM 523064	10 AM 523100 11:10 AM 523110 5 PM 523050 6:10 PM 523610	10 AM 523100 5:35 PM 523535 6:45 PM 523064	10:35 AM 523035 6:10 PM 523610 6:45 PM 523064	6:10 PM 523610
Semi-Private Levels 4 Dolphin	10 AM 524100 6:10 PM 524610	10:35 AM 524135 5:35 PM 524535 6:45 PM 524064	10:35 AM 524135 5 PM 524050 6:10 PM 524610	11:10 AM 524110 6:45 PM 524064	5:35 PM 524535
Semi-Private Levels 5 Whale	11:10 AM 525110 6:10 PM 525610	10 AM 525100 6:10 PM 525610	11:10 AM 525110 5:35 PM 525535	10:35 AM 525013 5:35 PM 525535	6:45 PM 525645
Semi-Private Levels 6 Shark	10 AM 526100 6:45 PM 526064	10 AM 526100 5:35 PM 526535	10 AM 526100 6:45 PM 526064	10 AM 526100 6:10 PM 526610	6:10 PM 526610
Semi-Private Adult		6:45 PM 527645	6:45 PM 527645		
Preschool Water Bugs I	5:35 PM 529053 6:45 PM 529064	6:45 PM 529064	6:10 PM 529061		
Preschool Water Bugs II		10 AM 528100 6:10 PM 528610	10:35 AM 528135 5:35 PM 528535	6:10 PM 528610	
Level 1 Tadpole	10 AM 521100 5 PM 521500 6:10 PM 521061	10:35 AM 521135 5 PM 521500 6:45 PM 521064	11:10 AM 521011 6:45 PM 521064	10:35 AM 521135 6:10 PM 521061	
Level 2 Guppy	10:35 AM 522135 5:35 PM 522053	10 AM 522100 11:10 AM 522010 5:35 PM 522053 6:45 PM 522064	10:35 AM 522135 5 PM 522500 6:10 PM 522061	10 AM 522100 6:10 PM 522061	



Levels	Session 11 Jun. 4-14	Session 12 Jun. 18-28	Session 13 Jul. 9-19	Session 14 Jul. 23-Aug. 2	Session 15 Aug. 6-16
Level 3 Minnow	11:10 AM 523010 6:10 PM 523061	10:35 AM 523135 5:35 PM 523005	10:35 AM 523135 6:10 PM 523061	11:10 AM 523010 5 PM 523500	
Level 4 Dolphin	10:35 AM 524035 5:35 PM 524053	11:10 AM 524111 6:10 PM 524061	11:10 AM 524111 6:45 PM 524645	5:35 PM 524053	
Level 5 Whale	5:35 PM 525053	10:35 AM 525135 5:35 PM 525053	10:35 AM 525135 6:10 PM 525061	10 AM 525010	
Level 6 Shark			5:35 PM 526053	6:45 PM 526645	
Starts, Strokes & Turns	10 AM 527100	10 AM 527100	10 AM 527100		
Jr. Guard	6:45 PM 534645	6:45 PM 534645	5:35 PM 534535		

Grapevine Gators Swim Team

Practice Site	Days	Workout	Practice Times	Swim Team Fee	Parent Meeting	Code	Additional Info
Pleasant Glade Pool	Mon.-Fri.	13 & up 7-9AM 11-12 yrs. 7-8AM 9-10 yrs. 8-8:50AM 8 & under 8:50-9:30AM Jun. 4-Reg workout time begins	May 21-Jun. 1 7:30-9:00PM *No Practice May 28	\$135 residents \$150 non-residents	May 16, 7 PM Senior Activities Center	540000-10	Resident registration begins Jan. 29

Regionals Jul. 14 & 15 (all attend). * State games Jul. 26, 27, 28 & 29 (qualifiers only)

Private Lessons

Mon.-Thur., receive 30 minutes of one-on-one attention each day to enhance instruction of swimming skills for children or adults. Private lessons are offered at both pools throughout the summer.

Registration: To register, refer to these tables, select a time and pool which will give you the class code. Then select a session date, which will give you the session code. (e.g. to take a 5 PM private lesson at Dove, the first session of classes, you would register for is 501500 1-A).

Time	Class Code Dove Pool	Class Code PG Pool
10 AM	501100	502110
10:35 AM	501103	502113
11:10 AM	501110	502011
5 PM	501500	502500
5:35 PM	501535	502535
6:10 PM	501610	502610
6:45 PM	501645	502645

Dates	Session
6/4-6/7	1A
6/11-6/14	1B
6/18-6/21	2A
6/25-6/28	2B
7/9-7/12	3A
7/16-7/19	3B
7/23-7/26	4A
7/30-8/2	4B
8/6-8/9	5A
8/13-8/16	5B

GRAPEVINE RENTAL FACILITIES

The Parks and Recreation Department offers pavilions and meeting rooms to its citizens for meetings and/or events.

There is a minimal charge for the rental of the Bessie Mitchell House and the Merlot Community Room and you must be a Grapevine resident/Grapevine business owner to reserve one of these two facilities. Non-Grapevine residents may reserve the Trawick Pavilion, Meadowmere Park, Jackson Pavilion, Parr Park Pavilion, Vineyards Pavilion, Dove Park Pavilions, Pickering Park Pavilion and Bear Creek Park Pavilion.

Jackson Pavilion

3501 Pavilion Place

Located in Rockledge Park on Lake Grapevine, this pavilion is ideal for large family and/or corporate gatherings. The pavilion seats up to 260 people and has two large barbecue grills. Open space is available for games or other entertainment. Restrooms are within a short walking distance. Jackson Pavilion is located on the North side of Lake Grapevine.



Meadowmere Park Pavilion

3000 Meadowmere Lane

Located in Meadowmere Park on Lake Grapevine, this pavilion is ideal for large family and/or corporate gatherings. This facility offers a beautiful lakeview, covered seating for up to 40 people, large grill, restrooms, and access to a great playground.



Bessie Mitchell House

411 Ball Street

This facility is located inside the Grapevine Botanical Gardens at Heritage Park and is ideal for meetings, family reunions and/or small parties. The Mitchell House is equipped with a small kitchen, a refrigerator, ice maker and microwave. Tables and chairs are also available. This facility is fully handicapped accessible.

For more information regarding rental facilities, see page 47 or visit playgrapevine.com. To reserve a facility, please call 817.410.3470.

Senior Activities Center

421 Church Street • 817.410.8130 • Fax 817.410.8147

Welcome 55+: The Grapevine Senior Activities Center is supported by the City of Grapevine and is open to any senior, age 55 and over.

Hours of Operation: Monday-Friday, 8 AM-3 PM

Transportation

The Senior Activities Center provides transportation for Grapevine residents to and from the Center, Monday through Friday. Also provided and scheduled by the Center are opportunities for transportation to the bank, post office, grocery shopping, and various Center activities and special events. Daily transportation reservations are required by 12 PM the preceding day.

Lunch

Senior Citizen Services of Greater Tarrant County, Inc. provides hot lunches that supply one-third of the RDA at 12 PM, Monday through Friday. For those under 60, the cost of the meal is \$6. For those 60+ and their spouse, the meal is available for a suggested contribution of \$2. Reservations are required 24 hours in advance.

Health and Nutrition Education

Blood pressure checks and educational programs provided by health care professionals. Flu shots offered twice in October as available. Blood pressure checks provided by Woodridge at Grapevine Nursing and Rehabilitation.

SeniorMovers

This volunteer-based program assists with the medical and dental transportation needs of the Grapevine senior population. Riders must be pre-registered, give 48 hours notice of need and require very minimal assistance. For information about this program, please call 817.410.8130.

Friends Of The Grapevine Senior Activities Center (FOGSAC)

Tax deductible donations for this 501(c)3 organization are used to improve technology, to supplement recurring programs and to further educational opportunities for seniors at the Grapevine Senior Activities Center. For more information, please call 817.410.8130.

NETS

The Northeast Transportation Service is operated by the Red Cross for seniors 60 and over, the disabled and/or the transportation disadvantaged. Call NETS at 817.336.8714.

Project Cell Phone-911

This project places donated, usable, deactivated cellular phones into the hands of Seniors to be used, at no charge, for emergencies only. Cell phones and their chargers may be donated and/or Seniors may pick up a cell phone at the Senior Activities Center.

Volunteers

There are many opportunities available to teach classes, provide transportation for medical needs and much more. For more information, please call 817.410.8130.

Field Trips

Supper Club, Culture Club, Museums, Plays, Concerts, Exhibits, Festivals, Shopping, Mall Walking, Early Voting and more are offered. For more information, please call 817.410.8130.

Special Events

Holiday Celebrations, Tournaments, Income Tax Preparation Assistance, Benefits Counseling and more!

Grapevine Senior Citizens Advisory Board

This City Council-appointed Board meets the first Tuesday of each even-numbered month at 3:30 PM to address senior issues in our community. This is an open meeting. Changes or cancellations will be posted on grapevinetexas.gov.

Senior Activities Center

CLASS/ACTIVITIES

DAYS/TIMES

AARP Driver Safety (registration required)	1 day class, 1-5 PM - Please call 817.410.8130 for schedule
AARP Income Tax Aide (Feb. 1– Apr. 11, 2010)	Wednesdays, 8:30 AM-1:30 PM
Advisory Council	First Wednesday at 10:30 AM
Advisory Council Participants Meeting	Following day at 12:30 PM
Bank and Post Office Transportation	First week of each month
Bingo	Tuesdays at 12:45 PM
Birthday Party (reservations required)	First Tuesday of each month at 11:45 AM
Blood Pressure Checks	Tuesdays at 10 AM
Bowling	Tuesdays at 9:45 AM
Chair Exercise	Tuesday-Friday at 9:45 AM
Chorus (call for details)	Thursdays at 10:30 AM
Computers (must pre-register)	Registration: Mar. 12, Jul. 30
Culture Club	June 1, 2012-May 31, 2013
Embroidery/Needlepoint	Fridays at 10 AM
Fraternal Order of Plaid Shirts (FOPS)	Time varies. Please call 817.410.8130 for schedule
Go-Go Girls from Grapevine	Time varies. Please call 817.410.8130 for schedule
Grapevine Shopping (Wal-Mart, Target, etc.)	Wednesdays at 9:45 AM
Grocery Shopping	Wednesdays at 12:45 PM
Hot Breakfast (reservations required – \$3)	Second Wednesday of each month from 8-9:30 AM
Knitting	Wednesdays at 10 AM
Mah Jongg	Mondays at 2 PM
Music Jam	Mondays at 9:30 AM
Oil Painting	Tuesdays at 10 AM-12 PM
Ping-Pong	Fridays at 12:45-3 PM
Quilting	Wednesdays at 10 AM
SCS Hot Lunches (reservations required; suggested contribution \$2)	Monday-Friday at 12 noon
SilverSneakers®	Mondays at 1 PM, Wednesdays at 9 AM, Friday at 11 AM
SilverSneakers® Yoga Stretch	Thursday at 1 PM
Strength Training (Fee: \$10 per month)	Mondays & Wednesdays from 11-11:30 AM
Supper Club (location varies)	Fourth Saturday of each month (time varies)
Table Games (Bridge, Dominoes, Pinochle, Pool)	Monday-Friday from 8 AM-3 PM excluding Tuesday afternoon
T'ai Chi	Mondays & Fridays at 9:50 AM
Walking	Mon., Tue., Thur., Fri. at 9:45 AM
Water Aerobics (Jun. 5-Aug. 16)	Tuesdays & Thursdays at 8 AM

Senior Adult Programs

Newsletter: The Grape Affair

Grapevine residents age 55 or older who would like to receive the monthly newsletter by mail, please call 817.410.8130. To receive via email, contact us at pardinfo@grapevinetexas.gov.

SilverSneakers®

Exercises designed to increase muscular strength and endurance and range of motion, resulting in functional improvements in posture, balance, weight transfer activities, coordination, agility, and body awareness. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

Days/Times: Mon. at 1 PM, Wed. at 9 AM
Fri. at 11 AM

SilverSneakers® YogaStretch

Your whole body moves through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

Day/Time: Thurs., 1 PM

Culture Club

Teaming with Artreach, we offer a variety of trips to symphonies, plays, musicals and concerts. Become a member any time.

Annual Membership:

Jun. 1, 2012-May 31, 2013

Fee: \$10 per year

T'ai Chi-FREE

No-impact exercise combining gentle, fluid movements and thoughtful concentration to create the total mind, body and spirit workout.

Day/Time: Mon. & Fri., 9:50 AM

Senior Golf Tournament

Day/Date/Time: Thur., Apr. 26, 7:30 AM

Location: Grapevine Municipal Golf Course

Minimum: 20

Ages/Fee: 55 yrs. & up, \$50

Includes fees, cart, lunch & prizes

Registration Deadline: Apr. 16

Oil Painting-FREE

Designed for the novice as well as the advanced artist. Work on independent projects and receive guidance from a qualified teacher.

Day/Time: Tue., 10 AM

Computer Classes

Many topics are covered in classes for the beginner to the advanced.

Registration: Mar. 12, Jul. 30

Walk-Ins: 9 AM-12 PM

Call-Ins: 1-2 PM

Bowling

Join a bowling-for-fun, non-league group. Meet at the SAC; transportation provided to and from Showplace Lanes. Usually 2-3 games are played.

Day/Time: Tue., 10:45 AM-1 PM

Cost: \$2.25/game

Senior Water Aerobics-FREE

(Donations accepted)

Site: Dove Pool

Days: Tue., Thur.

Dates/Time: Jun. 5-Aug. 16, 8-8:50 AM
(no classes Jul. 3 & 5)

AARP Tax Aide

AARP certified tax aides help with income tax preparation by appointment only.

Day/Dates/Time: Wed.'s, Feb. 1-Apr. 11
8:30 AM-1:30 PM

Writing 101-NEW

Learn how to take your ideas and build them into well-structured tales whether fact or fiction. No experience necessary.

Days: Thursdays

Dates/Time: Feb. 16-Mar. 22, 1-3 PM

Senior Strength Training

A great class designed for seniors to help promote all important bone density, strength, and flexibility. A fun motivating class with various exercises that will make a difference and are age and multi-level appropriate. Sitting and standing exercises are used for a fun, healthy, overall workout. Beginners to advanced will enjoy this class.

Days/Time: Mon. & Wed., 11-11:30 AM

Fee: \$10/month

Beginning Quilting-NEW

Learn many quilting secrets including how to choose fabrics, recognize the difference between hand and machine construction, the importance of sewing an accurate ¼-inch seam and more. Supplies required will be discussed in the first class. Beginners welcome!

Days/Dates: Fridays, Jun. 8-Jul. 13

Time: 10 AM-12 PM

Fraternal Order of Plaid Shirts (FOPS)

Join a group of gentlemen who fraternize once a month to enjoy a variety of tours and lunch.

Days/Time: Varies

Please call 817.410.8130 for schedule.

Classic Christmas Markets with Collette Vacations

This 9-day trip features the markets in Munich, Innsbruck, Wurzburg, Nuremberg and Strasbourg. In addition, city tours highlight historic areas and popular attractions. Per person rates which include round trip airfare, hotel transfers, and air taxes and surcharges are: double \$2,799; single \$2,999; and triple \$2,769. Save \$100 if booked by June 1, 2012. Cancellation waiver and insurance may be purchased for \$220 per person. A deposit of \$250 is due July 2. Final payment is due October 2. For more information, contact the SAC.

Travel Dates: December 1-9, 2012

SPECIAL EVENTS



Fashion Barbie World Tour

Daddy/Daughter Dance

Daughters and their dads will be magically transported to some of the most famous cities around the world for a fabulous night of fashion, food, and fun with everyone's favorite fashion icon, Barbie! Barbie's dream world comes to life as you walk the fashion runway, take a spin in a big pink limo, make your own music video, design your own fashions, dance, and even see what it's like to actually be Barbie-sized in "The Barbie Experience." Even meet and mingle with some 'real-life' versions of your favorite classic Barbies. The event will provide fabulous photo opportunities to capture those moments that you'll both treasure forever. One night only! Tickets are available at the Community Activities Center, on line at playgrapevine.com or by calling 817.410.3450. Space is limited and the event will sell out. Tickets will not be sold at the door.

Site: Community Activities Center, 1175 Municipal Way

Day: Saturday, February 4

Fee: \$15 per person on or before Jan. 28

\$18 per person beginning Jan. 29

Ages/Times/Codes: Daughters 0-7 yrs. 4-6 PM 709752A

Daughters 8-18 yrs. 7-9 PM 709752B

Note: Tickets will not be sold at the event. Dads with daughters in both age groups may choose to attend either time slot.

Hook-It and Cook-It!-FREE

An Oak Grove Trout Fishing Experience

Come cast your line for some cold-weather fishing fun at our third annual trout fishing event. The Oak Grove Park Pond will be fully stocked with plenty of feisty trout for a fun day of fishing. All ages are invited to participate. Bring your own fishing gear or we will provide gear for you. Prizes will be awarded in several categories. Anyone fishing age 16 or older must have a valid fishing license.

Day/Date/Time: Sat., Feb. 18, 9 AM-12 PM

Site: Oak Grove Park Pond (901 Oak Grove Loop North) at the corner of Oak Grove Loop & Darren G. Medlin Trail

Cast for Catfish-FREE

Cast your line into the lake in front of The Church at the Cross for a morning of fishing! Two lakes will be stocked with 500 lbs. of adult-size catfish to give children 16 and under the opportunity to catch the "big one." Prizes will be awarded to the top fishermen in each age category. Bring your own fishing gear or gear will be provided for you. Refreshments will also be provided.

Site: The Church at the Cross/Memorial Baptist, 3000 William D. Tate Ave.

Day/Date/Time: Sat., Mar. 24, 8-11 AM

Breakfast with the Easter Bunny

Including a Glow in the dark Egg Hunt!

Kick-start your Easter celebration, with the City's annual Breakfast with the Easter Bunny at the Community Activities Center. In addition to our normal indoor egg hunt we are planning a special glow-in-the-dark egg hunt for the older kids or the kids that want an extra challenge. Other activities will include Easter crafts and a bounce house. Bring your camera to capture that special moment with Mr. & Mrs. Bunny.

Site: Community Activities Center

Ages: All ages

Day/Date/Time: Sat, Mar. 31, 7:30-9 AM

Fee: \$7/person, children under 9 months are free

Code: 709710-03

Registration deadline: Mar. 26

37th Annual Easter Egg Hunt at Historic Nash Farm-FREE

Sponsored By



Sponsored by the Grapevine Heritage Lions Club. Bring your used eyeglasses & sunglasses for the Lions Club to recycle.

Take a trip to the farm this spring for the City of Grapevine's Annual Egg Hunt. Mr. and Mrs. Bunny will be hiding thousands of eggs at Nash Farm for a hopping good time. Special prize eggs will be hidden in each age division. Let our face painters turn you into a bunny and enjoy other activities such as bounce-houses, petting zoo, hay rides, and more. There will be five different hunts by age division. Bring your camera for some great photo opportunities. The Lions Club will be collecting used eye glasses to share with those in need.

Site: Nash Farm, 626 Ball St., Grapevine

Egg Hunt Divisions/Times: 6-8/10 AM, 0-3/10:30, 4-5/11 AM, 9-11/11:30, All Ages-12 PM

Day/Date/Time: Sat., Mar. 31, 9:30 AM-12:30 PM

Additional Information: In the event of inclement weather, festivities will be rescheduled for Apr. 7. The "All Ages Hunt" at noon is for children that did not participate in their age group hunt that day. Out of respect for others, no "repeat" hunters, please.

Full Throttle

The 2012 Mother/Son Racing Experience

Enjoy various types of racing games, toys, competitions, and challenges guaranteed to be a racing good time. Food, fun and fast cars – all revved up and ready for action. Tickets go on sale January 2, and are available at the Community Activities Center, online at playgrapevine.com or by calling 817.410.3450. Space is limited.

Site: Community Activities Center, 1175 Municipal Way

Day/Date: Sat., Apr. 14

Fee: \$10/person

Time/Code: 7-9 PM, 709753-12

SPECIAL EVENTS



Grapevine Fire Department Citizens Fire Academy

Discover the Grapevine Fire Department and experience the operations of firefighting and emergency medical services. Starting each February, Grapevine citizens and those who work in Grapevine, over the age of 21, are invited to attend a thirteen session academy and learn the history and organization of the Grapevine Fire Department. Experience hands-on participation with rescue tools, hose lines, and fire extinguishers.

The highlight of the academy is a Saturday trip to a fire training facility where you will experience what it is like to go into a building on fire (with full protective gear of course), extinguish the flames, and actually perform a search for victims with the thermal imaging cameras.

For more information, please contact Randie Frisinger, Deputy Chief/Fire Marshal, at 817.410.3482 or e-mail at rfrisinger@grapevinetexas.gov.

Volunteerism in Grapevine

Volunteer projects include Daddy Daughter Dance, Halloween on Main Street and more. For more information, please call 817.410.3490.

What Is Great About Grapevine? Annual Photography Contest

Show us what is great about Grapevine by photographing Grapevine's many treasures and entering your photos in our annual Photography Contest. Entries will be due the end of September, with prizes being awarded at a ceremony on Sunday, October 14. Look for more information in the Fall/Winter Playbook.



The Vineyards Campground & Cabins on Lake Grapevine-1501 North Dooley Street

The Vineyards' one and two bedroom cabins are great fun for families wanting to camp this year! Our 13 rental cabins offer a quiet, relaxing view of outdoor life. Each cabin has a view of Lake Grapevine from their porch, a picnic table, and a fire ring/grill. In addition, the cabins are fully-furnished with linens, stove*, microwave, A/C, heater, bathroom, refrigerator, dishes, cable tv, Wi-Fi and more. Enjoy special weekend events, fishing pier, kayaking, a nature trail, and your own boat ramp.

The Vineyards Pavilion is great for church, Scout and family picnics. Visit vineyardscampground.com or call 817.329.8993 for more information.
*Excluding duplex unit.

Meadowmere Park-3000 Meadowmere Lane

Meadowmere Park offers numerous primitive camping sites. Reservations allow for two tents and up to six people per site, with plenty of elbow room between sites located on the lake shoreline. Located on the south shore of Lake Grapevine, this 250 acre park features a designated swim beach, state-of-the-art play structure, picnic shelters, bbq grills, a new rental pavilion and ample open space. Please call the park office at 817.488.5272 to make reservations.

Fee: \$5 car entrance fee (Holiday fees may be higher)

Lake Grapevine annual park passes are sold at The Vineyards Campground & Cabins, and Meadowmere Park.

Rockledge Park-3600 Pilot Point

Grapevine's most popular photography location is also the best sunset viewing park on the lake and is great for watching Friday night and July 4, fireworks. For photography information, please contact Mona Burk at Mb Burk@grapevinetexas.gov or at 817.410.3463.

Fee: \$5 car entrance fee (Holiday fees may be higher)

Doggie Dive-In

Back by popular demand. Bring your dog for a dive at the 5th Annual Doggie Dive-In. Join other playful pooches at their very own pool party! Play around with your pup in the kiddie pool or let them show off their swimming and diving skills in the competition pool. Your pooch may participate in one or more of the fun and exciting contests including distance diving, swimming contest and the fabulous swimsuit competition. Advanced registration suggested. Proof of vaccination required. Registration begins Jan. 30. Two dogs per person allowed. Space is limited.

Site: Pleasant Glade Pool

Date/Time: Sept. 8, 10 AM-2 PM

Fee/Code: \$5/dog, 509700-06



First Friday Film Series

Palace Theatre, 300 S. Main St. — 7:30 PM

Enjoy a classic movie in the historic Palace Theatre. Tickets are \$5 per person. For more information, visit palace-theatre.com or call 817.410.3100. Feb. 3, 2012 - "Blazing Saddles".

Grapevine Vintage Railroad

Cotton Belt Depot, 705 S. Main St.

Hop aboard the Grapevine Vintage Railroad and step back in time to the 19th century. The Grapevine Vintage Railroad resumes service with its spring schedule on Feb. 17. Watch for these special events: Feb. 19: President's Day Train; March 12-18: Spring Fling; April 7: Easter Bunny Fun Run-1 PM & April 8: Easter Bunny mini-excursion-3 PM.; May 12: National Train Day; May-August: Train Robberies; May 13: Mother's Day Train; June 17: Father's Day train. Visit gvrr.com for more details.

Nash Farm Activities & Events

Nash Farm, 626 Ball St.

Enjoy old-fashioned family fun at the farm! For more details, visit nashfarm.org.

Feb. 11—Bread Baking; 10 AM—12 PM

Apr. 21—11th Annual Spring Into Nash Farm; 10 AM—2 PM

May 12—Produce Canning; 10 AM—12 PM

Jun. 23—Dairy Days; 10 AM—12 PM

Jul. 7—Ice Cream Social; 10 AM—12 PM

Sweetheart Wine Trail

Historic Downtown Grapevine, February 11-12; 11 AM—5 PM

Go hand-in-hand along the Sweetheart Wine Trail in Grapevine. Enjoy a memorable day of romance with good fun, great love and the finest wines! Visit www.grapevinewinetrail.com for more details.

Zack King Concert

Palace Theatre, 300 S. Main St.

Feb. 24, 7:30 PM / Tickets \$10 / \$15. For more information, visit palace-theatre.com or call 817.410.3100.

8th Annual ChocolateFest

Come out to ChocolateFest and sample something rich and delectable.

All proceeds from the event — featuring approximately 20 of the finest chocolatiers in the D/FW region — will go toward Travelers Aid Dallas/Fort Worth, a United Way agency whose mission is to provide information and social services to the DFW Airport community and surrounding communities. Visit chocolatefestgrapevine.org for more details.

Dates/Times/Sites: Mar. 9, 7-10 PM, Evening of Chocolate & Wine; La Buena Vida Vineyards, 416 E. College St.

Mar. 10, 10:30 AM—3:30 PM, Palace Arts Center, 300 S. Main St.



SPECIAL EVENTS



Grapevine Opry

Palace Theatre; 300 S. Main St. - most Saturday nights- 7:30 PM

One of the premier live country music shows in the nation. All shows subject to change. Call 817.481.8733 or visit gvopry.com for updated show and ticket information. Watch for these special events:

Jan. 7 & July 21 – LEGENDS - Makin' Time With Patsy Cline

Jan. 21 – LEGENDS - The Balladeer Marty Robbins

Feb. 10 – Elvis Show (Nathan Belt); Feb. 11 – This is Elvis (\$25 per person)

Feb. 25 & Aug. 18 – GIVE IT TO ME STRAIT: Tribute to George Strait

Mar. 17 – LEGENDS - The Man In Black

Apr. 14 – Women of Country Music

May 26 – In Memory Of: A Pre-Memorial Day Tribute

Aug. 4 – THIS IS ELVIS! (\$25 per person)

Jazz Wine Trains

Cotton Belt Depot, 705 S. Main St., March 30 & 31; 7 PM

There's nothing like jazz music, delicious food, fine wine and a trip back in time. The popular Jazz Wine Train will run on two evenings – March 30 and 31 – aboard the Grapevine Vintage Railroad, located at Grapevine's historic Cotton Belt Depot. The captivating excursion features new release wines from Grapevine. Visit gvrr.com for more details.

Grapevine Market

Liberty Park, 215 S. Main St.

Thursdays & Saturdays; April 5 through Oct. 20; 9 AM-2 PM

Come experience open air, European-style shopping in Historic Downtown Grapevine.

Grapevine Farmers Market

Town Square Gazebo, 325 S. Main St.

Thursdays, Fridays & Saturdays; April 5 through Oct. 20; 8 AM-4 PM

Enjoy locally grown produce from local, regional and Texas farmers. Enjoy other Texas products such as honey, nuts, meat, grains, sauces and more.

For produce information, visit farmersmarketofgrapevine.com.

Day Out With Thomas™

Cotton Belt Depot, 705 S. Main St., April 13, 14, 15, 20, 21 and 22

Springtime brings an event that is anticipated by kids of all ages as Thomas the Tank Engine™ pulls into Grapevine! With Thomas and Friends, children enter a world of imagination through the tracks of a train and the words of a story. Parents and children enjoy a unique connection on each journey.

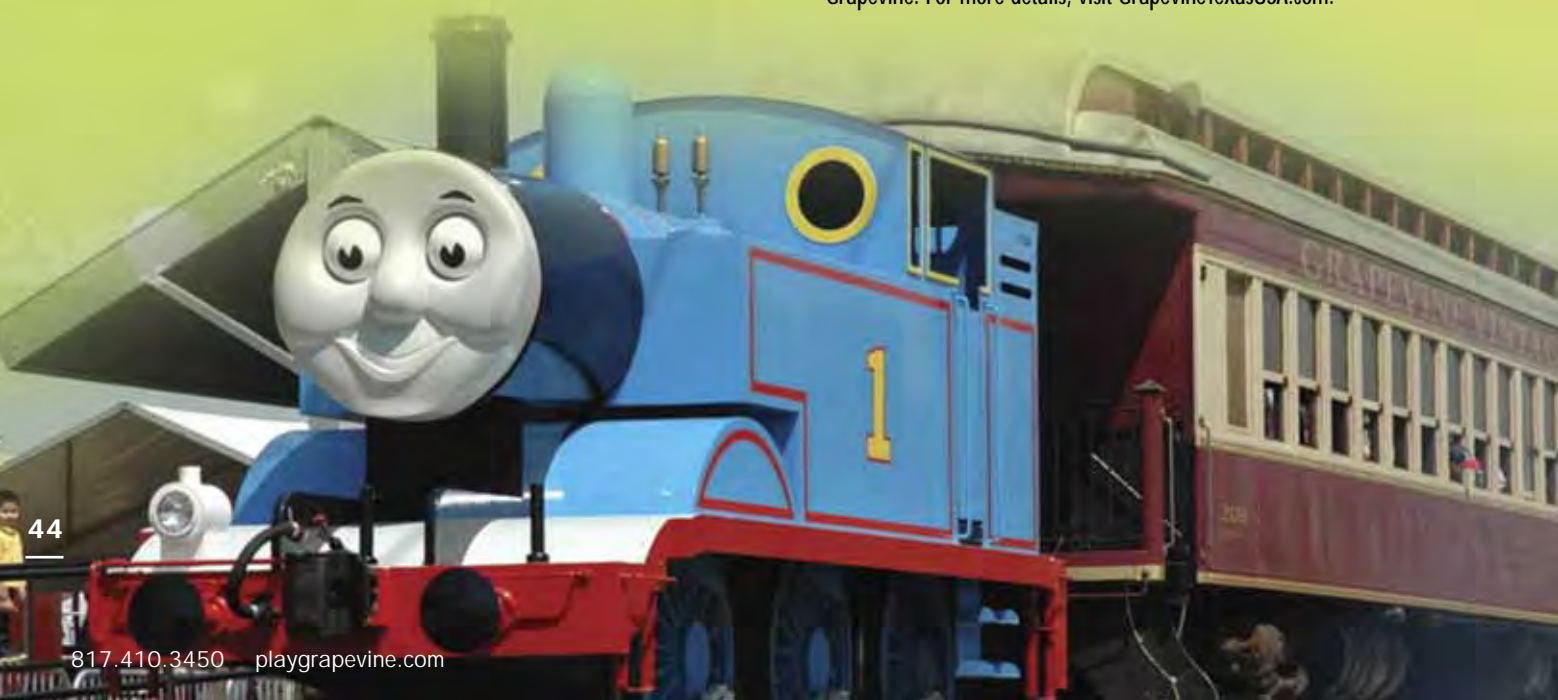
Brought to you by the Grapevine Vintage Railroad, the Museum of American Railroads and HIT Entertainment™, the storybook engine chugs into Historic Downtown Grapevine. Visit gvrr.com for more details.

20th Annual Blessing of the Vines and New Vintage Wine & Gallery Trail

Delaney Vineyards, 2000 Champagne Blvd., and Historic Downtown Grapevine

April 14; 11 AM-5 PM

Start the day at Delaney Vineyards and take part in the Blessing of the Vines, a centuries-old European ceremony to ensure robust vines and savory grapes. The ceremony begins with a colorful procession through the largest vineyard in North Texas. A complimentary wine tasting with live entertainment will follow. Then, experience the New Vintage Wine Trail where you will enjoy a memorable journey to experience first-hand the many unique winery tasting rooms in Grapevine. For more details, visit GrapevineTexasUSA.com.





Taking Care of Mother Earth Expo-FREE

Palace Arts Center, 300 S. Main St., April 20, 9 AM-3 PM; Free

The Expo trade show will highlight businesses promoting their products and services as they relate to sustainability, conservation and environmental awareness. For more information, visit palace-theatre.com or call 817.410.3100.

28th Annual Main Street Days

Historic Downtown Grapevine, May 18, 19 & 20

Grab a slice of summer fun at Main Street Days, the official kick-off to summertime in Grapevine. Come enjoy the international wines, craft beers and pizza pies. Dine at the Pizza Piazza, dance to non-stop entertainment, seek out your favorite festival food and shop the day away. Main Street Days is a fun-filled festival perfect for the entire family. For more details, visit GrapevineTexasUSA.com

Summer Blast Friday Night Fireworks

Over Lake Grapevine, Every Friday Night from Memorial Day weekend through Labor Day weekend. May 25-Aug. 31, 9:30 PM

Grapevine will once again produce its exceptional fireworks show that will truly kick off the summer season in North Texas. For 15 consecutive weeks, the evening skies overlooking Grapevine will be illuminated as Grapevine presents a firework spectacular every Friday night starting Memorial Day weekend and concluding Labor Day weekend.

SummerBlast

All Summer, from Memorial Day weekend through Labor Day weekend May 25 - September 3

Enjoy SummerBlast in Grapevine all summer long! Grapevine, a one-of-a-kind summer destination and offers exciting activities for visitors and locals alike. From weekly fireworks, summer markets and festivals to Lake Grapevine and amazing hotel offerings, Grapevine truly is the premier summer destination of North Texas. For more details, visit GrapevineTexasUSA.com/Summer.

Friday Fun Trains

Cotton Belt Depot, 705 S. Main St.

June 1, 8, 15, 22 & 29; July 6, 13, 20 & 27, 10 AM

Friday Fun trains are a fun-filled, shortened sample of our regular run! Great for families with young children looking for a quick trip and a perfect educational experience for schools, summer camps and other organizations! Your 60-minute trip will depart at 10 a.m. from the Grapevine Train Depot. Visit gvrr.com for more details.

Flag Day Ceremony

Town Square Gazebo, 325 S. Main St. June 14, 11 AM

Officials in Grapevine will hold the city's annual Flag Day Celebration at Grapevine's Gazebo, located in the 300 block of Main Street in Historic Downtown Grapevine. Flag Day is officially celebrated on June 14, and commemorates the adoption of the flag of the United States, which occurred that day by resolution of the Second Continental Congress in 1777.

Reds, Whites & You Wine Trail

Historic Downtown Grapevine, June 30, 11 AM-5 PM

Come along the Independence Day wine trail, "Reds, Whites & You!" Along the wine trail, guests will taste three varieties of wines from each winery, enjoy food compliments and relish in the varying experiences each winery has to offer. Visit grapevinewinetrail.com for more details.

Independence Day Train

Cotton Belt Depot, 705 S. Main St. July 4; 11 AM

Raise your flag and hop aboard the Grapevine Vintage Railroad in honor of Independence Day! On this mini-excursion, celebrate history and tradition by riding authentic 1920s and 1930s Victorian-style coaches. This is great fun for the entire family. Passengers will be given flags to wave and everyone can participate in patriotic games on board. Visit gvrr.com for more details.

30th Annual Fireworks Extravaganza Over Lake Grapevine

Lake Grapevine, July 4, 9:30 PM

Independence Day wouldn't be complete without a colorful Fireworks Extravaganza. So, find your spot and stake a claim near Lake Grapevine on Wednesday, July 4, to watch fireworks light up the sky at the annual Fireworks Extravaganza! The fireworks will be launched off the shores of Oak Grove Park at 9:30 p.m., but the blasts can be viewed from any lakeside location.

National Day of the American Cowboy

Grapevine Vintage Railroad, 705 S. Main St., Cotton Belt Depot, July 28, 1 PM

Make sure you're wearing your best western wear and bring the buck-a-roos aboard to celebrate the National Day of the American Cowboy! Take the train to the Fort Worth Stockyards and watch a real live cattle drive through the heart of old Cowntown. Visit gvrr.com for more details.

* All shows subject to change. For more information about Grapevine special events and festivals, please call 817.410.3185 or visit GrapevineTexasUSA.com.

COMMUNITY ACTIVITIES CENTER

1175 Municipal Way • 817.410.3450

The Community Activities Center offers many leisure opportunities for the citizens of Grapevine through its amenities, programs and activities, promoting fitness, wellness and a higher quality of life. The Center offers two full-sized gymnasiums, two racquetball courts, a weight/cardiovascular room, locker rooms with showers, jogging track, class/meeting rooms and a game room. All family members five years of age and older must purchase yearly membership ID cards to use the Center. Before purchasing or renewing a resident or Grapevine business owner membership ID card, residents must provide proof of residency and business owners must provide a DBA certificate and documentation showing the business's physical address.

Facility Hours

Monday-Thursday 5:30 AM-10 PM
Friday 5:30 AM-7 PM
Saturday 9 AM-7 PM
Sunday 1-6 PM
Easter, Sun., Apr. 8 Closed
Memorial Day, Mon., May 28 9 AM-7 PM
Independence Day, Wed., Jul. 4 Closed

Gymnasiums

Drop-in Basketball/Volleyball will be available during designated times. Organized practices are not permitted (excluding reservations). During free play, junior or official size basketballs and official size volleyballs may be checked out with a membership ID at the front desk.

Racquetball

Drop-in play is on a first-come, first-served basis. Both North and South racquetball courts are available for one-hour reservations at \$4 per hour. The North court will be used as a challenge court during posted times.

Members may reserve courts in person or via phone (817.410.3450). Reservations must be made at least two hours in advance, but no more than two days in advance. Members must complete their first reservation before making another reservation.

Members 12 years of age and under must be with an adult on the court. Racquets, goggles and balls are available to check out at the front desk.

Annual Membership Fees

Grapevine Resident/Business Owner
..... \$35 per year
Resident Family \$85 per year
Guest Pass, with member. \$5 daily
Only one guest per member, per visit.

Mandatory

(Children 9 yrs. of age and under must always be accompanied by an adult.)

Children's Activities Center

Quality supervision and activities for children. Age-appropriate, physical and intellectually stimulating activities will be offered. Parent must remain in the building. Reservations may be made three days in advance.

Hours: Mon.-Fri.

8:30 AM-12:30 PM

Ages: 3 mo.-6 yrs.

Fees: \$20/ten visits, CAC members & residents
\$30/ten visits, non-residents (advance reservations required).

Weight/Cardiovascular Room

The Grapevine Community Activities Center offers Hoist weight equipment, functional trainer, free weight benches, a Smith machine, dumb bells, top-of-the-line Precor stationary bicycles, stair climbers, elliptical trainers and treadmills are available for use by individuals 16 years of age and older. Individuals 13-15 years of age may use the weight room if accompanied by an adult. Children age 12 and under are not allowed access to the fitness room. No sports bras, bare midriffs or any other clothing that exposes the torso will be allowed in the fitness room. Our Cardio Theater System is designed to enhance your exercise experience. Personal training is available. No outside personal trainers receiving compensation for services are permitted.

It is not necessary to be a member of the Community Activities Center to register for Parks & Recreation programs.

POLICIES

REGISTRATION FEES

Fees may be paid by cash, check, Mastercard, Visa, or money order at the time of registration. Please make checks payable to the City of Grapevine. Returned checks will be subject to a \$20 charge. All program fees are regulated according to the cost of the instructor, supplies and minimum class enrollment. Some programs may require additional fees or supplies. No programs are held on holidays recognized by Grapevine Parks and Recreation. All fees collected, support and finance these programs.

WAITING LIST

If the class/program you desire has already filled, staff will return your fee and keep your registration form. You will be notified if a space becomes available or a new class is formed. Program openings will be filled on a first-come, first-served basis from the waiting list.

Register Early!

REFUNDS

Your satisfaction is important to us! If you are not completely satisfied with your class, please notify us. The following are general guidelines for refunds:

- 1) A refund may be prorated dependent upon the date of the request. Refunds must be requested prior to the midpoint of that session.
- 2) All requests for refunds will be reviewed by staff.
- 3) A Refund Request Form must be completed in person or with a staff member via telephone. Forms may be obtained at the Community Activities Center.
- 4) Refunds will be refunded back to the credit card charged and applied to the household account for future use, or processed and a check returned. No cash refunds.

CANCELLATIONS

All programs must have a minimum number of participants in order to be conducted. If a program does not meet this minimum, no later than 48 hours prior to the program start date, the class may cancel/combine or make any revisions necessary. A full refund will be processed and mailed. Please allow 3-weeks for refund.

FALL/WINTER PLAYBOOK

The Fall/Winter Playbook will be mailed to Grapevine residents and businesses during the month of August. Additional copies of the Playbook are available at the Community Activities Center, City Hall, Library and the Chamber of Commerce.

PLAYER'S NOTICE

Participants must recognize that all classes/activities of a physical nature involve some risk, and by registering for a class/activity of this nature there is an assumption of risk by the participant. The City of Grapevine Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff and instructors. Every effort is made to ensure the safety of the participants and to provide them with first-class leisure activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City of Grapevine to:

- 1) contact Grapevine Fire Department Emergency Services to perform first aid, and when necessary, recommend transportation to a hospital;
- 2) reach the parent and/or legal guardian as soon as the situation allows.

H.E.R.O.

FINANCIAL ASSISTANCE PROGRAM

The H.E.R.O. Assistance Program (Helping Everyone enjoy Recreational Opportunities) assists Grapevine citizens of all ages participate in city-sponsored recreation programs that they are unable to afford. Applicants may qualify for the program in various ways depending on household income. If you or someone you know might qualify and benefit from this program, please call 817.410.3470 for more information. (Donations to the program may be made on the Playbook registration page 40).

PARK FACILITY — RESERVATIONS

Grapevine residents and non-residents may reserve outdoor pavilions at Parr Park, Dove Park, Bear Creek Park and Pickering Park. Trawick, Jackson and Vineyards Pavilions are on Lake Grapevine and accommodate large parties. For indoor facilities, the Bessie Mitchell Meeting Facility and Merlot Community Rooms are available for Grapevine residents and businesses only. For information on these facilities, please call 817.410.3470.

PRICES ARE AS FOLLOWS:

Weddings at Botanical Gardens

\$400/3 hrs. (Grapevine residents only)

Grapevine residents (only) may reserve their wedding at the Botanical Gardens in Heritage Park. For more information, please call 817.410.3470.

Parr Park Pavilion

(residents) \$100/3 hrs. (\$20 each additional hr.)

(non-residents) \$150/3 hrs. (\$25 each additional hr.)

Pickering Park Pavilion

(residents) \$100/3 hrs. (\$20 each additional hr.)

(non-residents) \$150/3 hrs. (\$25 each additional hr.)

Dove Park Pavilions

(residents) \$30/3 hrs. (\$10 each additional hr.)

(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Bear Creek Pavilion

(residents) \$30/3 hrs. (\$10 each additional hr.)

(non-residents) \$40/3 hrs. (\$15 each additional hr.)

*Bessie Mitchell Facility

\$100/2 hr.

(Grapevine residents only) \$50 each additional hr.

*Merlot Community Room

\$50/hr.

*(min. 2 hrs.)

**Trawick Pavilion (Grapevine residents)

\$330/day

(non-residents Mon.-Thur.) \$330/day

(non-residents Fri., Sat., Sun.) \$370/day

**Jackson Pavilion (Grapevine residents)

\$330/day

(non-residents Mon.-Thur.) \$330/day

(non-residents Fri., Sat., Sun.) \$370/day

**Meadowmere Park Pavilion

Mar. 1-Sept. 30 Rates (Grapevine residents) \$250/day

(non-residents) \$300/day

Please call 817.410.3470 for AM and PM Rates.

For the Meadowmere Park, Jackson and Trawick Pavilions all paid reservations canceled prior to 14 days from date of event, will have a \$25 cancellation fee. Any cancellations within 14 days of the rental, will have a \$100 cancellation fee. This is a cancellation for any reason, including weather.

For The Vineyards Campground & Cabins on Lake Grapevine reservations, please call 817.329.8993.

* Rates subject to change per City Council approval.

** Holiday rates may apply.

SESSION REGISTRATION SCHEDULE

SESSION	REGISTRATION DATES	SESSION LENGTH	BEGINS WEEK OF
03	CAC Members/Residents: Jan. 29-Feb. 11 Non-residents: Feb. 5-Feb. 11 (No classes held Mar. 13-19)	6 wks.	Feb. 19
04	CAC Members/Residents: Mar. 25-Apr. 7 Non-residents: Apr. 1-Apr. 7 (No classes held May 30)	6 wks.	Apr. 15
05	CAC Members/Residents: May 13-May 26 Non-residents: May 20-May 26 (No classes held Jul. 4)	6 wks.	Jun. 3
06	CAC Members/Residents: Jul. 1-Jul. 14 Non-residents: Jul. 8-Jul. 14	6 wks.	Jul. 22

ALL CLASSES will be held at the Community Activities Center unless otherwise noted.
It is not necessary to be a member of the Community Activities Center to register for parks and recreation programs.

E-Z "PLAYBOOK" CLASS REGISTRATION FORM

"PLAYBOOK" · P.O. Box 95104 · Grapevine, TX, 76099

Mail-in registrations are not accepted for Center memberships and Jazzercise classes. No early registrations will be accepted.

Head of Household Home Phone Work Phone Emergency Phone

Street Address City Zip E-mail Address

NAME OF PARTICIPANT	MALE/FEMALE	DOB (MM/DD/YY)	Class Title	Class Code	Session	Start Time	Fee
							\$
							\$
<input type="checkbox"/> Yes <input type="checkbox"/> No \$1 H.E.R.O. Program donation (see page 47 for more info)							\$
PAYMENT METHOD: <input type="checkbox"/> Mastercard <input type="checkbox"/> Visa <input type="checkbox"/> Check (Payable to "City of Grapevine") <input type="checkbox"/> Cash							TOTAL \$

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expiration Date _____

I do hereby release, absolve, indemnify, and hold harmless the City of Grapevine and its employees, activity officials, activity supervisors, any or all of them in the event of any accident, injury or death sustained by the above named participant(s) while being transported to or from an activity, or while participating in any activity, from any liability of any kind whatsoever. I also give permission for any photographs taken during these activities to be utilized for promotional uses by the PARD now and in the future. I, the parent or legal guardian of the above named participant, do hereby give my approval for participation in any and all of the program's activities.

E-Z REGISTRATION

Registrations will be processed on a first-come, first-served basis.

No early registration will be accepted. See registration dates on page 48.

ON-LINE REGISTRATION is now available on-line at play-grapevine.com. You must have a user ID and password, which may be obtained at the Community Activities Center. Visa or MasterCard required for payment. Due to fee structure, some classes may not be available on-line. Due to fees not being discounted on-line, HERO recipients cannot register via the internet.

PHONE-IN REGISTRATION is available for households that have previously registered for Parks and Recreation programs and are therefore already in our computer system. Payment must be made with Visa or MasterCard. Memberships may not be processed over the phone. Please have your Playbook and credit card available to expedite registration. Please call 817.410.3450 for phone-in registrations.

FAX-IN REGISTRATION Please fax completed registration form to 817.410.3095. Include Visa or MasterCard number and expiration date. Available 24 hours a day. Please call 817.410.3470 for confirmation that fax was received.

DROP-OFF REGISTRATION is available 24 hours a day in the Community Activities Center drop box, located to the left of the front doors. Include registration form and payment in a sealed envelope marked "Playbook." Registrations will be processed the following business day.

MAIL-IN REGISTRATION must be received prior to the last day of registration unless otherwise stated. Please mail the completed registration form and payment to:

"Playbook"

P.O. Box 95104 • Grapevine, TX 76099

WALK-IN REGISTRATION will be accepted at the Community Activities Center. See page 38 for hours of operation. (See "Drop-Off" instructions for your convenience.)

PARKS:

911 Plaza
Austin Oaks Park
Banyan Park
Bear Creek Park
Bellaire Park
Big Bear Creek Nature Preserve
Botanical Gardens at Heritage Park
Cannon Elementary
C.J. Hutchins Park
Cluck Park
Community Activities Center
Convention Center/Library
Cross Timbers Middle School
Dove Park & Pool
Dove Crossing Park
Dove Elementary
Faith Christian
Glade Crossing Park
Glade Landing Park
Hazy Meadows Park
Heritage Center
Heritage Park
Heritage Elementary
Highpoint Park
Horseshoe Trails Park
In-Line Hockey Facility
Jackson Pavilion

ADDRESSES:

2 Texan Trail
528 Austin Creek Drive
350 Banyan Drive
3230 S. State Hwy 360
1004 Pine Street
3010 Parr Lane
411 Ball Park
1300 W. College
1201 Cable Creek Drive
312 Central Drive
1175 Municipal Way
1201 Municipal Way
2301 Pool Road
1509 Hood Lane
1701 Stoneway Drive
1932 Dove Road
730 E. Worth
512 Westbury Drive
5201 Brettenmeadow Drive
4300 Hazy Meadows Drive
701 S. Main Street
200 Ball Street
4500 Heritage Road
4121 Freeport Parkway
2099 Hood Lane
240 E. Nash
3501 Pavilion Place

Katie's Woods Park
Lakeview Park
Liberty Park
Meadowmere Park
Meadowmere Soccer
Oak Grove Ballfield Complex
Oak Grove Soccer Complex
Oak Grove Softball Complex
Oak Ridge Park
Parkwood Park
Parr Park
Pecan Park
Pickering Park
Pleasant Glade Pool
Rockledge Park
Senior Activities Center
Shadow Glen Park
Silverlake Elementary
Sunshine Harbor Park
The Vineyards Campground
Timberline Elementary
Town Square
Trawick Pavilion
Wall-Farrar Park
Yorkshire Meadows Park

1700 Katie's Woods Drive
3850 Lakeview Drive
215 S. Main Street
3000 Meadowmere Lane
3295 Perch Lane West
2520 Oak Grove Loop South
1299 Oak Grove Loop North
2700 Dove Loop Road
2590 Juniper Lane
1901 Woodcreek Drive
3010 Parr Lane
4200 Halmont Drive
1901 Kimball Road
1805 Hall-Johnson
3600 Pilot Point
421 S. Church Street
1815 Altacrest Drive
1351 N. Dooley
821 Dawn Lane
1501 N. Dooley Street
3220 Timberline Road
325 S. Main Street
2700 Darren G. Medlin Trail
W.D. Tate & State Hwy 360
2710 Whitby Lane

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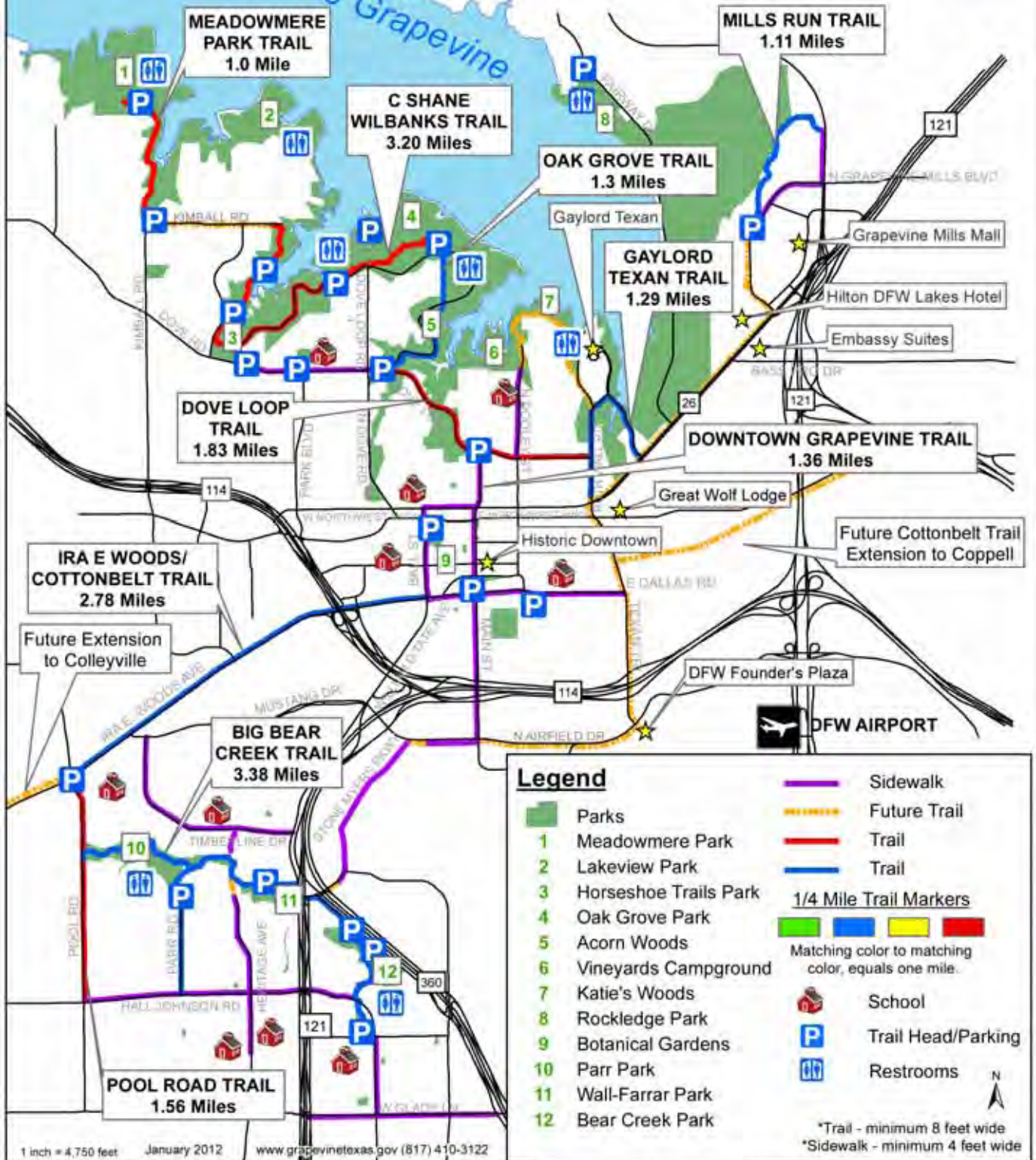
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Grapevine Trails





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Grapevine, Texas 76099

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GO CAMPING at Meadowmere Park on Lake Grapevine and enjoy getting away from it all!

For more information, please visit playgrapevine.com or call 817.488.5272.

